

ROYALTY-FREE STOCK PHOTO



Renal Artery  
Stenosis

IN THE NAME OF GOD

# RENOVASCULAR HYPERTENSION

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# Issues in Renovascular Disease

## Prototype of Secondary Hypertension

- Potentially treatable with revascularization

- USA: Estimated 60 million hypertensives

  - 1-3% with RVH: >60000

  - Approximately:

    - 85% Atherosclerotic disease

    - 14% Fibromuscular disease

    - 1% Other

**Progressive Disorder: ?increasing prevalence?**



**“The prevalence of atherosclerotic renal artery stenosis  
in risk groups: a systematic literature review”**

*de Mast Q, Beutler JJ: J. Hypertens. 27:1333, 2009*

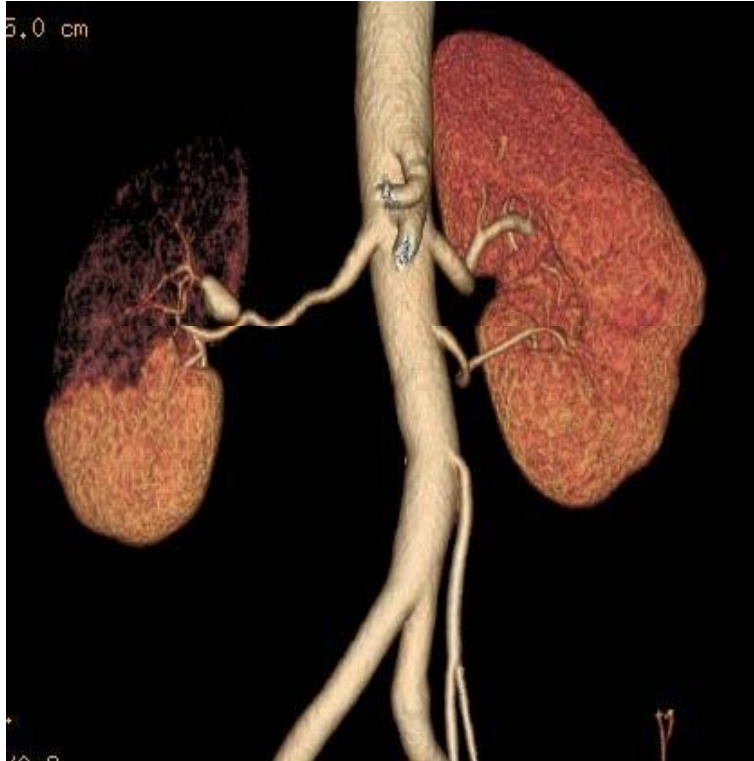
**N=40 Studies: 15, 879 patients**

**“50% luminal” narrowing: Pooled Prevalence rates**

• “Suspected Renovascular HTN”	14.1%
• Coronary Angiography:	10.5%
With HTN:	17.8%
• Peripheral vascular disease:	25.3%
• AAA:	33.1%
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• ESRD:	40.8% ?
• Congestive Heart Failure:	54.1% ?



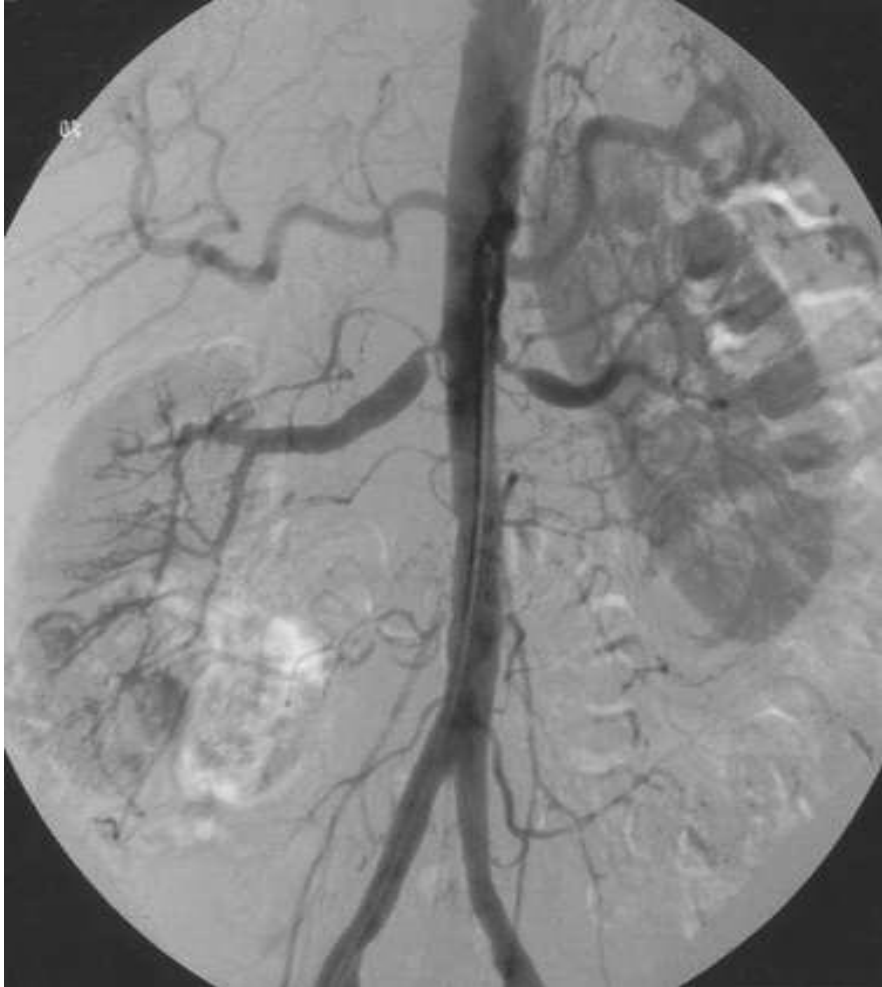
# Renovascular Hypertension due to arterial occlusive lesions



- **Fibromuscular dysplasia**
- **Atherosclerotic disease**
- **Renal artery embolism**
- **Dissection / thrombosis**
- **Post-traumatic injury**
- **Aortic stent graft occlusion**
- Vasculitis involving the renal artery (i.e. PAN)
- Neurofibromatosis
- Scleroderma



# ATHEROSCLEROTIC RAS



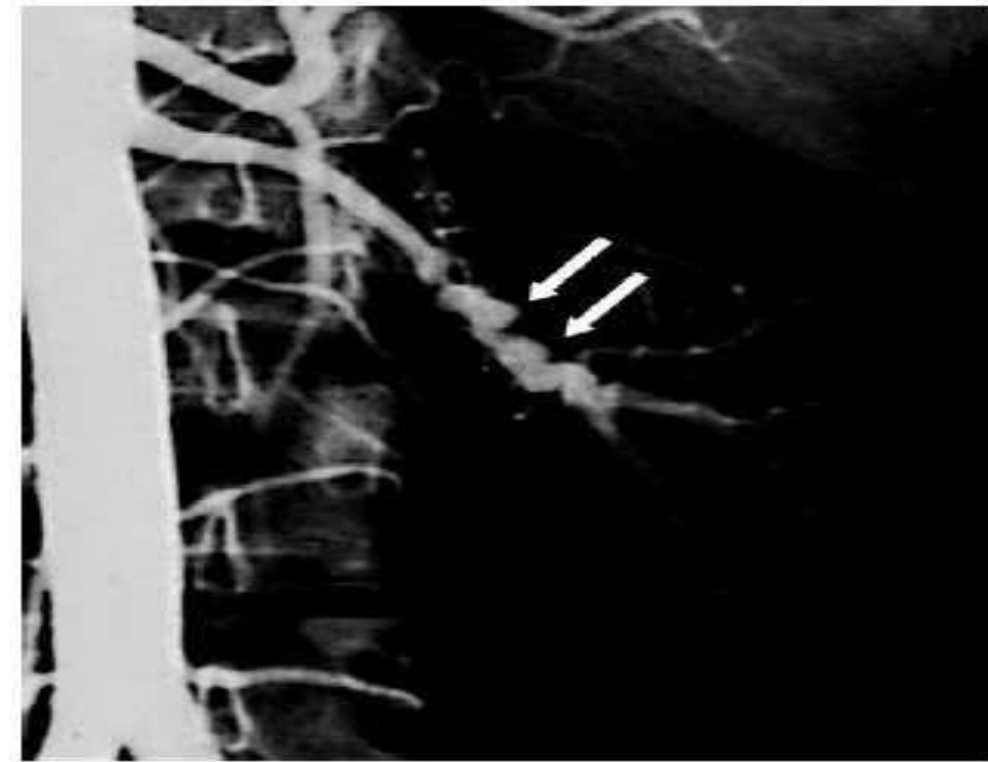
- Patient 6th decade or older.
- More often male
- Associated with diseased aorta
- Typically involves the ostium and/or proximal one-third of the renal
- Can be unilateral or bilateral
- 70-80% have unilateral disease





# FIBROMUSCULAR DYSPLASIA

- Young patients –more commonly females.
- Commonly asymptomatic
- Prevalence 2-6 %
- >60% of patients have bilateral disease.
- Medial fibroplasia (90%)>> Intimal (10%) or adventitial
- Location: **distal two-thirds of main renal artery**, in 25%, disease extends into segmental arteries
- Right renal artery is affected more frequently
- Progressive renal stenosis is seen in 37% of cases and loss of renal mass in 63%.
- Other arteries can also be involved (carotid, vertebral, iliac, and mesenteric). All patients need head imaging to r/o cerebral aneurysms
  - Angiography reveals a characteristic string of beads appearance



ABDOMINAL AORTOGRAM REVEALED A LEFT RENAL ARTERY FIBROMUSCULAR DYSPLASIA WITH THE TYPICAL "STRING OF BEADS" APPEARANCE



## ***Unilateral Renal Artery Stenosis***



**Reduced renal perfusion**

↓  
↑ renin-angiotensin system (RAS)  
↑ renin  
↑ angiotensin II  
↑ aldosterone

↓  
**Angiotensin II dependent hypertension**

**Increased renal perfusion**

↓  
Suppressed RAS      Increased Na<sup>+</sup> excretion  
(pressure natriuresis)

### ***Effect of blockade of RAS***

Reduced arterial pressure  
Enhanced lateralization of diagnostic tests  
Glomerular filtration rate (GFR) in stenotic kidney may fall

### ***Diagnostic tests***

Plasma renin activity elevated  
Lateralized features, e.g. renin levels in renal veins, captopril-enhanced renography



## ***Bilateral Renal Artery Stenosis***



**Bilateral**

**Stenosis of solitary kidney**

**Reduced renal perfusion**

**or impaired kidney  
function**

**↑ renin-angiotensin system (RAS)  
↑ renin  
↑ angiotensin II  
↑ aldosterone**

**Impaired Na<sup>+</sup> and water  
excretion**

**Inhibit RAS**

**Volume expansion**

**Normal or low angiotensin II**

**Increased arterial pressure**

***Effect of blockade of RAS***

**Reduced arterial pressure only after volume depletion**

**May lower GFR**

***Diagnostic tests***

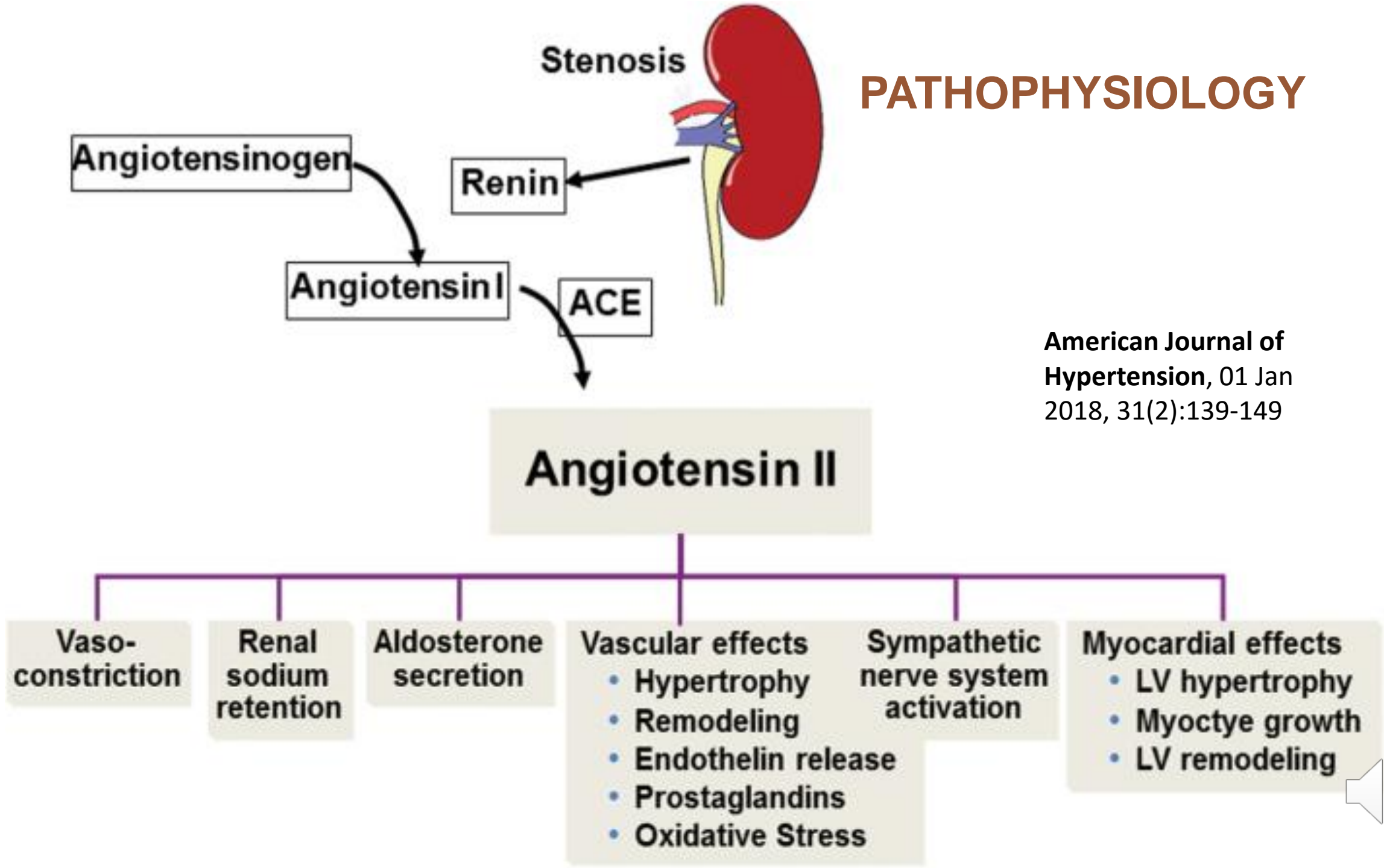
**Plasma renin activity normal or low**

**Lateralized features: none**





# PATHOPHYSIOLOGY

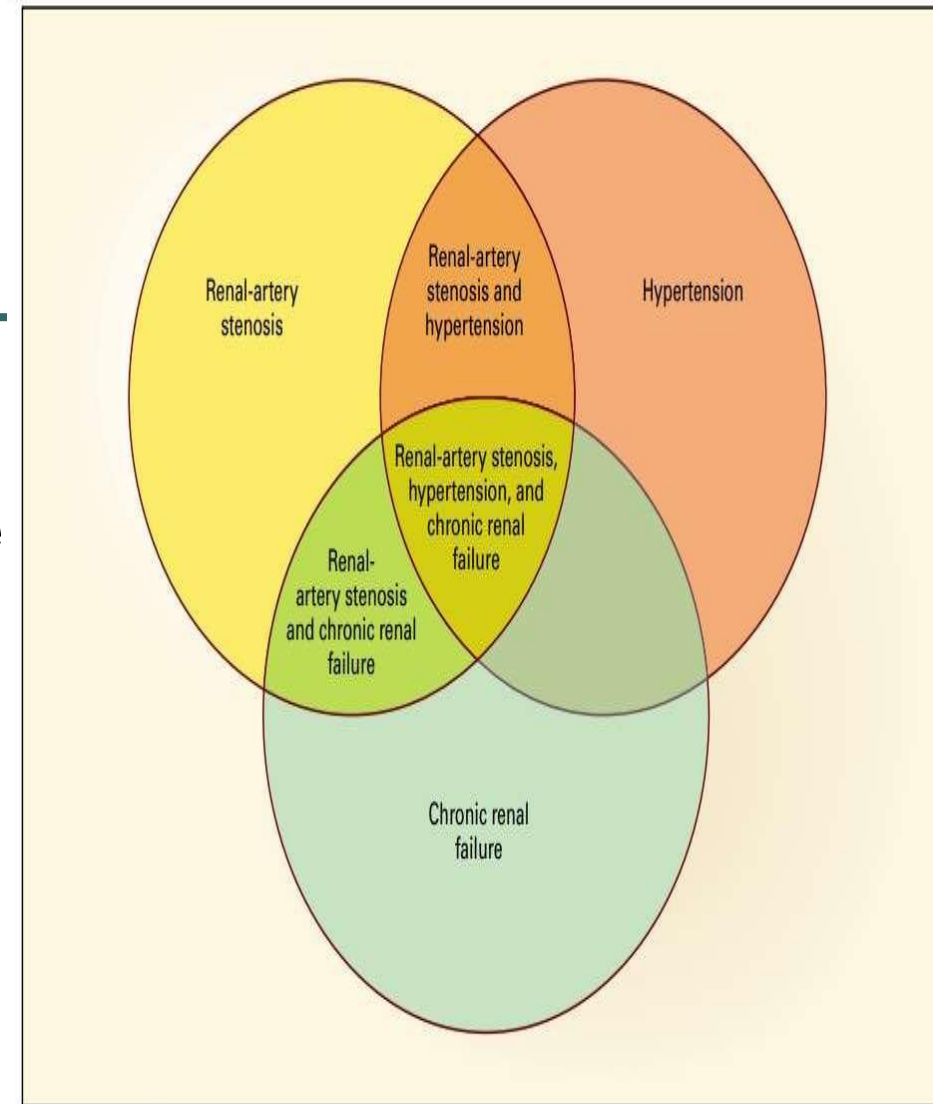


American Journal of  
Hypertension, 01 Jan  
2018, 31(2):139-149



# The morphological features

- Vascular sclerosis(contralateral kidney).
- Tubular atrophy,
- Interstitial fibrosis with inflammatory cellular infiltrate
- Atubular glomeruli,
- Cholesterol emboli,
- FSGS changes.( contralateral kidney.)



Baseline renal function is related to the extent of renal parenchymal injury rather than to the degree of stenosis.

Improvement in hypertension and renal function is related to revascularization.



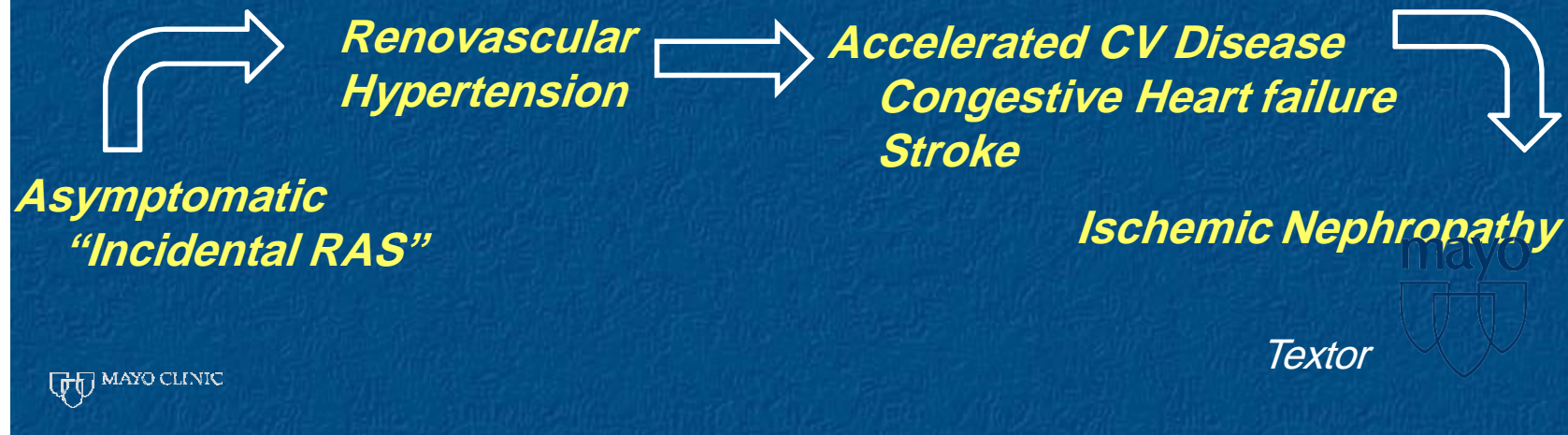
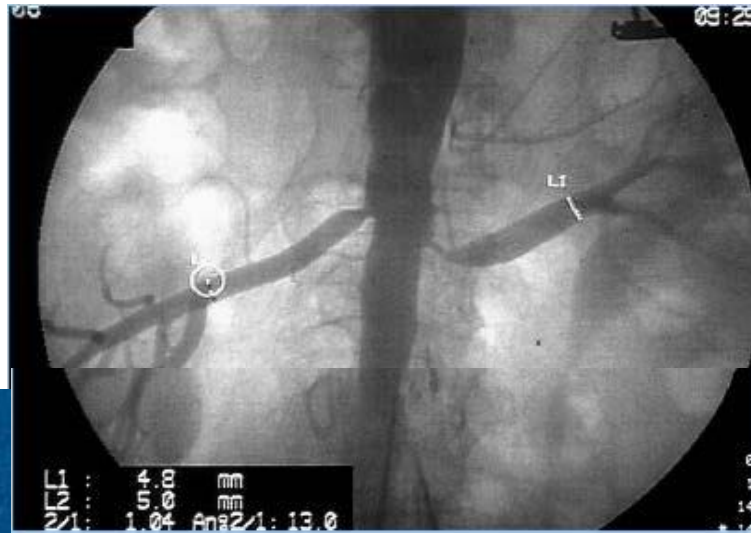
- Unilateral RAS results in vasoconstrictor-mediated HTN,  
Bilateral or solitary kidney RAS results in HTN with volume overload.

	Renal artery stenosis	
	Unilateral	Bilateral
RAAS activation	↑↑	↑
Na/Fluid volume state	Pressure natriuresis	Sodium retention
Cardiac output	Normal	↑
Total peripheral resistance	↑↑	↑
BP response to RAS blockade	↑↑	↑
Flash pulmonary oedema	Rare	Common
Natriuresis post angioplasty of RAS	No	Yes

BP, blood pressure; RAAS, renin–angiotensin–aldosterone system; RAS, renal artery stenosis.



# Spectrum of Renovascular Disease Manifestations





# Critical Renal Artery Stenosis

Reduced Renal Blood Flow



"Ischemic Nephropathy"



Vascular rarefaction



Oxidative Stress Injury



Inflammatory cell infiltration



Fibrosis/Atubular Glomeruli/Glomerulosclerosis



Irreversible Kidney Injury

- Reduced cortical perfusion
- Reduced GFR
- Activation of RAAS

- Early: Preserved cortical oxygenation
- Late: cortical hypoxia/expanded de-oxygenation

- Loss of cortical microvessels

- Generation of toxic oxygen species
- Ischemia/reperfusion injury
- Impaired mitochondrial biogenesis
- Impaired ATP/energetics

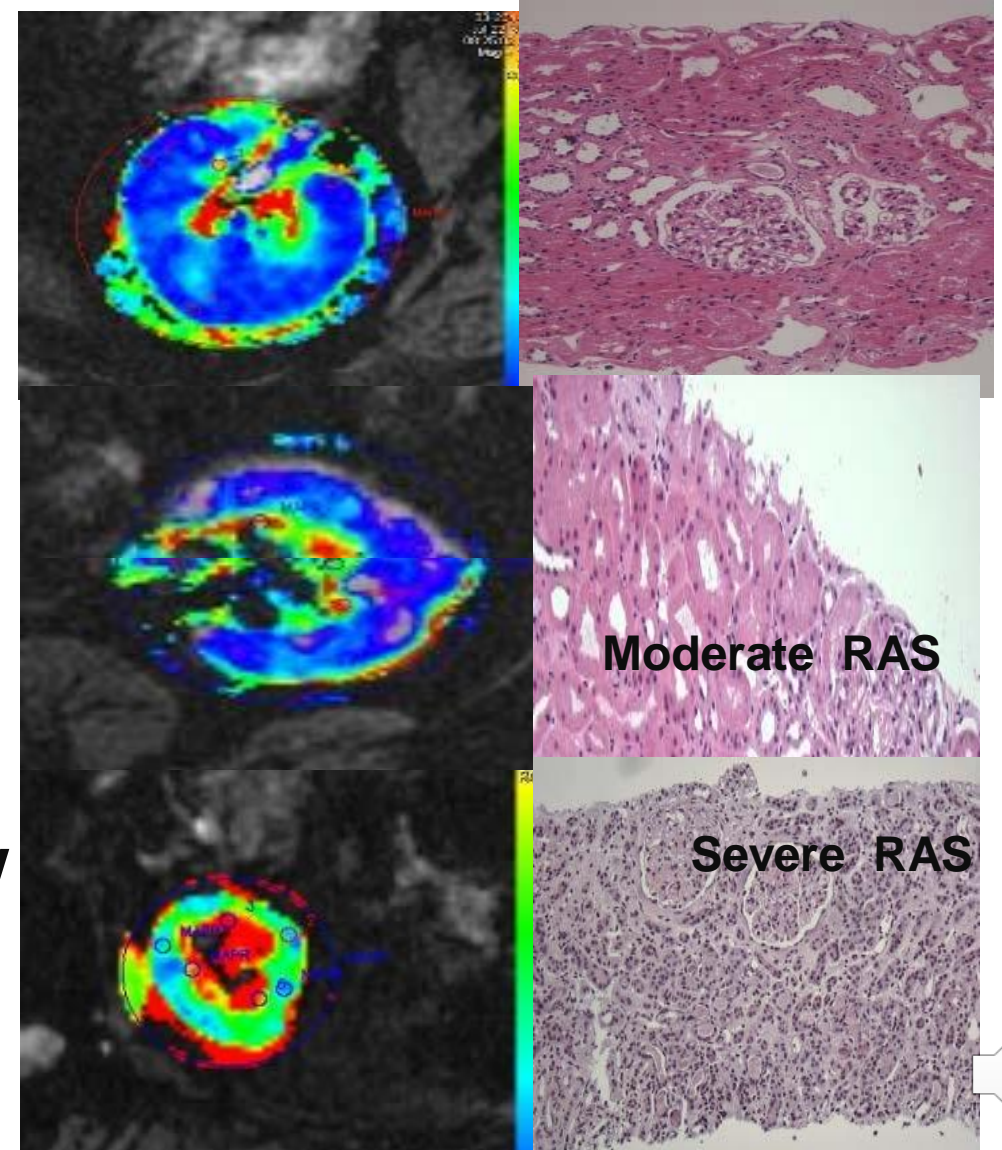
- Tissue/cellular cytokine release
- Pro-inflammatory milieu, eg, IL-6, MCP-1, TGF- $\beta$
- T-lymphocyte infiltration: Th1/Th2
- Macrophage infiltration: M1/M2



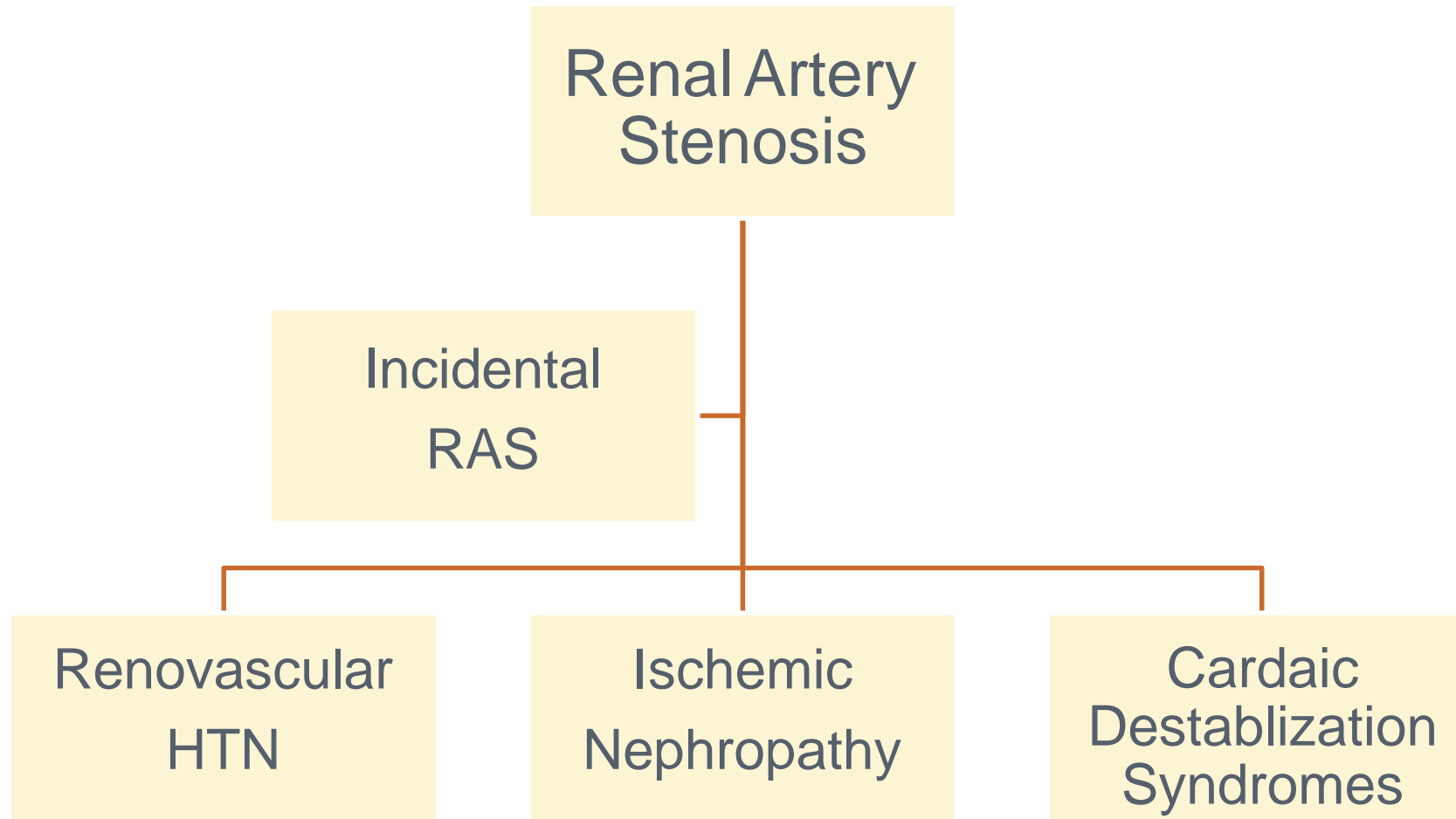


# Human Renovascular Disease

- **Renovascular Hypertension:**
  - Renin release
  - can be managed medically
- **“Adaptation” to reduced**
  - without tissue hypoxia
  - minimal structural damage
- **Advancing disease: adequate blood flow for tissue oxygenation?**
- **progressive injury -?recoverable?**

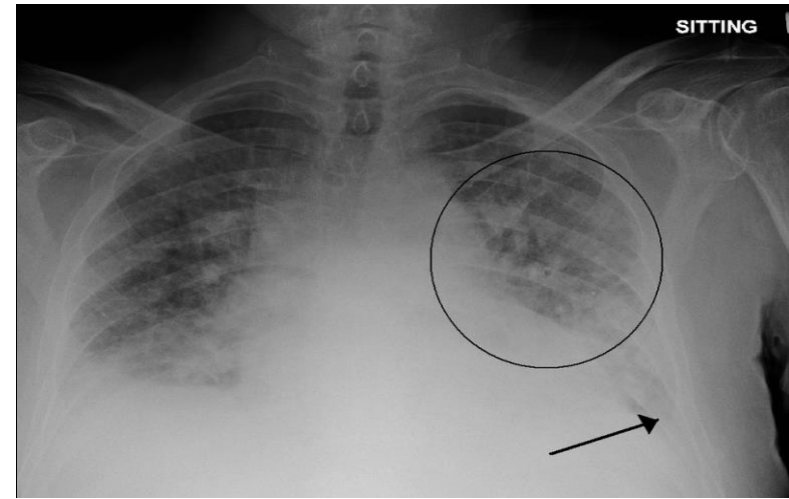


# CLINICAL MANIFESTATIONS



# Clinical Conditions

Renovascular hypertension,  
Cardiac destabilization syndromes  
Ischemic nephropathy



**Cardiac destabilization syndromes** include: “flash” pulmonary edema events, ADHF and ACS.

**Pickering syndrome** conditions that ,bilateral ARAS as they lack the compensatory mechanism of a functional kidney in regulating the body’s salt and fluid balance ,That they prone to frequent “flash pulmonary edema episodes.

**Ischemic nephropathy** is a condition where local ischemia to the kidney causes tubulointerstitial injury and microvascular damage due to oxidative injury that leads to interstitial fibrosis and renal atrophy.



**Table 1** Functional Classification of ARAS in Association with Hypertension<sup>26</sup>

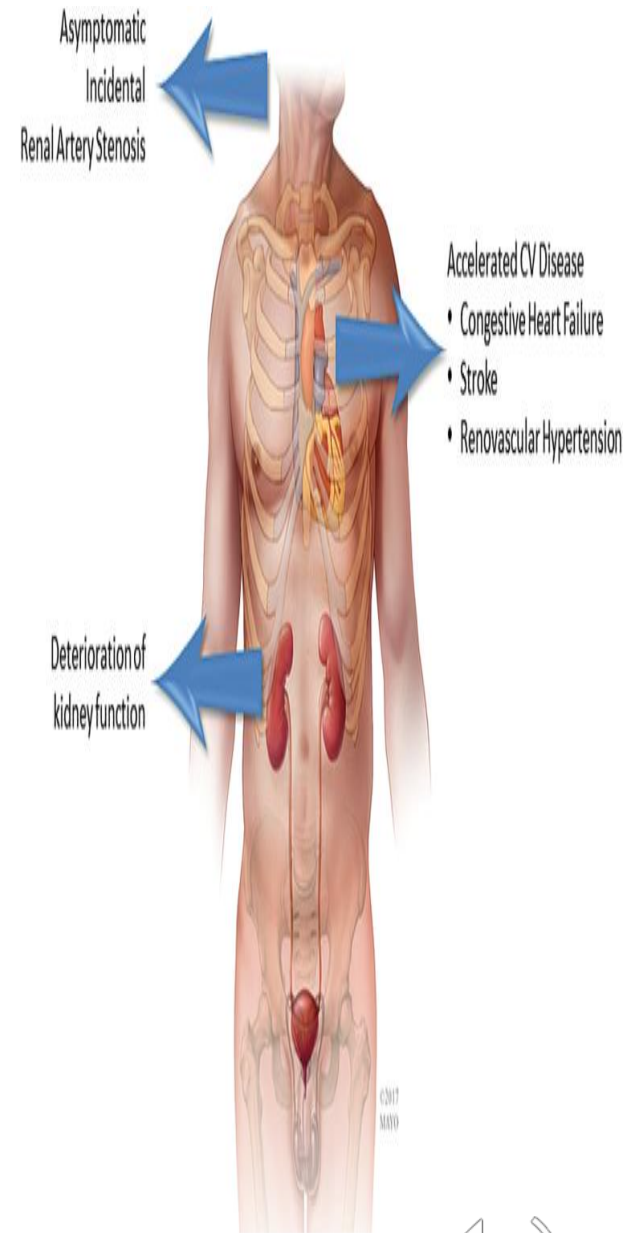
Grade	Description
I	Asymptomatic ARAS with normotensive blood pressure and normal renal function
II	ARAS with well controlled hypertension using medical therapy and normal renal function
III	ARAS with uncontrolled hypertension despite optimal medical therapy or clinical signs of volume overload and abnormal renal function

**Note:** Data from Rocha-Singh et al.<sup>26</sup>



## Clinical risk factors for RVHT ;

- A history of hypertension with azotemia (serum creatinine level  $>1.5$  mg/dL)
- modest proteinuria ,levels  $< 1.5$  g/day
- Progressive renal insufficiency
- Accelerated or malignant hypertension
- Severe hypertension (diastolic blood pressure  $>120$  mm Hg)
- Hypertension with an asymmetric kidney
- 
- Paradoxical worsening of hypertension with diuretic therapy
- Hypertension refractory to standard therapy





## DIAGNOSTIC TEST (CURRENTLY RECOMMENDED)

1. Renal artery duplex imaging is the first-line test
2. Computed tomography in patients with creatinine clearance  $>60$  mL/min
3. Magnetic resonance angiography in patients with creatinine clearance  $>30$  mL/min
4. BOLD MRI
5. CAPTOPRIL scintigraphy
6. Renal angiography as the gold standard for invasive assessment

ACC/AHA guidelines are in agreement that **captopril renal scintigraphy**, **selective renal vein renin measurements**, **plasma renin activity**, and **the captopril test** are not recommended as useful screening tests for RAS (class III).



# Diagnostic Methods to Detect Renal Artery Stenosis (RAS)

Class I	Level of Evidence
Duplex ultrasound sonography is recommended as a screening test to establish the diagnosis of renal artery stenosis.	<b>B</b>
Computed tomographic angiography (in individuals with normal renal function) is recommended as a screening test to establish the diagnosis of renal artery stenosis.	<b>B</b>
Magnetic resonance angiography is recommended as a screening test to establish the diagnosis of renal artery stenosis.	<b>B</b>
When the clinical index of suspicion is high and the results of noninvasive tests are inconclusive, catheter angiography is recommended as a diagnostic test to establish the diagnosis of renal artery stenosis.	<b>B</b>
<b>Class III</b>	
Captopril renal scintigraphy is not recommended as a screening test to establish the diagnosis of renal artery stenosis.	<b>C</b>
Selective renal vein renin measurements are not recommended as a useful screening test to establish the diagnosis of RAS.	<b>B</b>
The plasma renin activity is not recommended as a useful screening test to establish the diagnosis of renal artery stenosis.	<b>B</b>
The captopril test (measurement of plasma renin activity following captopril administration) is not recommended as a useful screening test to establish the diagnosis of renal artery stenosis.	<b>B</b>



# Doppler ultrasound

- Duplex ultrasonography is the initial imaging test of choice to evaluate the renal arteries
- The most important sign is peak systolic velocity (PSV).
- A PSV higher than 180 cm/s suggests the presence of stenosis of greater than 60
- The resistive index (RI), which is calculated as  $((\text{PSV} - \text{End diastolic velocity}) / \text{PSV})$
- (Normal < 0.7, nephrosclerosis > 0.7)
- A positive test is more informative than
- Negative test

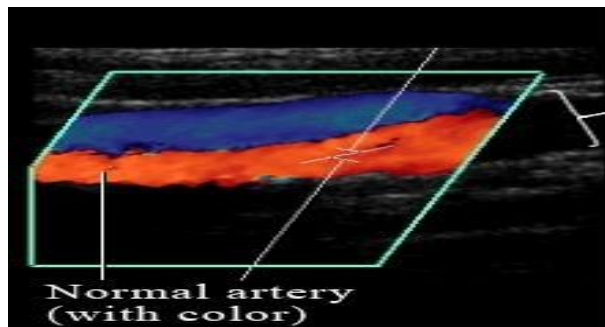


Figure 1

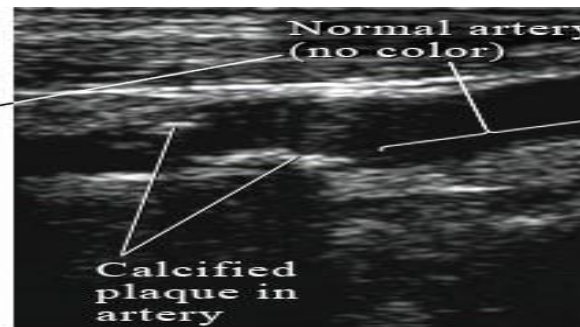


Figure 2

## Renal artery stenosis

Direct signs	Indirect signs
Focal color aliasing	AT > 0.07 sec
Color bruit	AI < 3 m/s <sup>2</sup>
Turbulence	$\Delta$ RI (right – left) > 5 %
PSV > 180 cm/sec	
Renal Aortic Ratio > 3.5	
<b><u>Significant stenosis</u></b> (50 – 85% diameter reduction) Sensitivity: 79 – 91% Specificity: 73 – 97%	<b><u>Severe stenosis</u></b> (> 85 % diameter reduction) Sensitivity: 95% Specificity: 97%



# Renal Arteriography.

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## ‘**GOLD STANDARD**’

investigation in the diagnosis of renal arterial disease.

- Required to start treatment.

Mild: < 50%

Moderate: 50–70%

Severe: >70%

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# INDICATIONS FOR TESTING

Early or late onset of hypertension (<30 or >50 years).

Worsening control of previously well-treated hypertension.  
“Flash” pulmonary edema.

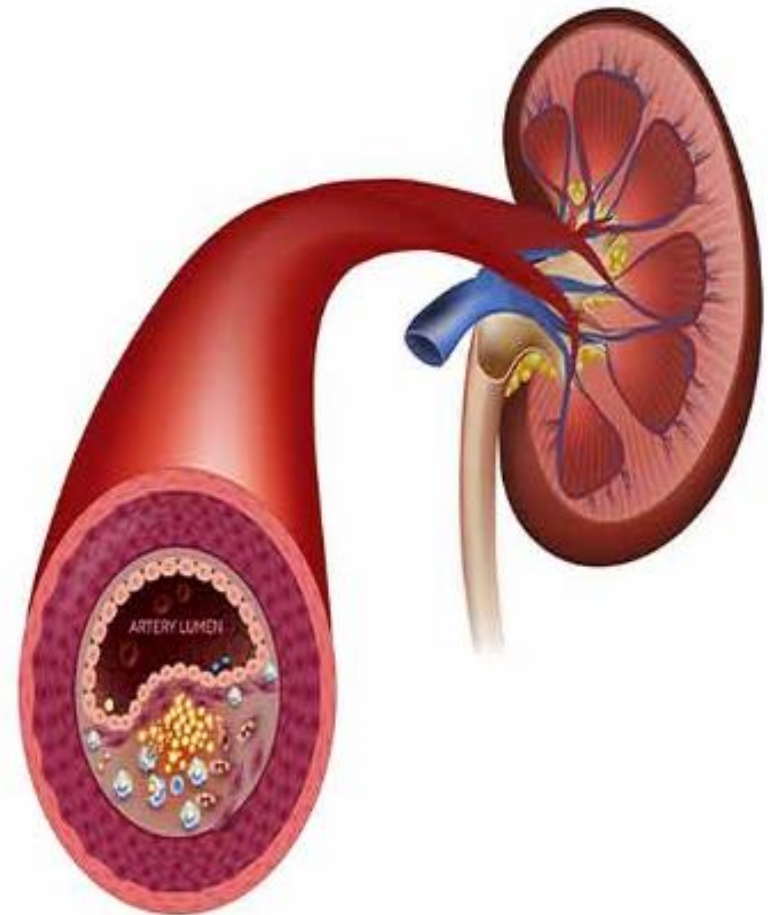
An acute elevation in serum creatinine of at least 30% after initiation of RAAS inhibitors.

Unexplained progressive renal failure.

Unilateral atrophic kidney.

Abdominal bruit.

Unexplained hypokalemia.





# Clinical findings associated with renal-artery stenosis

Present

Absent

Noninvasive evaluation  
(duplex ultrasonography of renal  
arteries, magnetic resonance  
angiography, or computed  
tomographic angiography)

Follow clinically  
Treat risk factors

Renal-artery  
stenosis present

Renal-artery  
stenosis absent

Nuclear imaging  
to estimate fractional  
flow to each kidney

Follow clinically  
Treat risk factors

Unilateral renal-artery  
stenosis and asymmetric  
perfusion present

Unilateral renal-artery  
stenosis and symmetric  
perfusion present

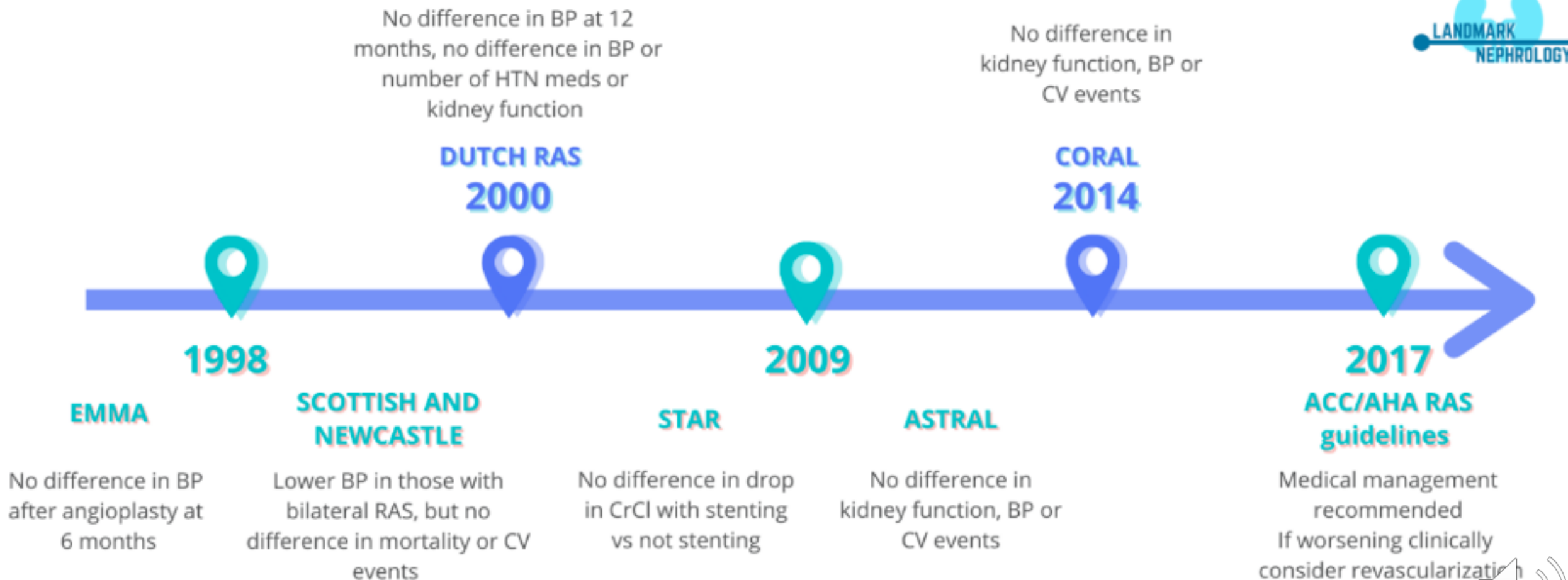
Bilateral renal-artery  
stenosis present

Follow clinically  
Treat risk factors

Consider revascularization



# RENAL ARTERY STENOSIS

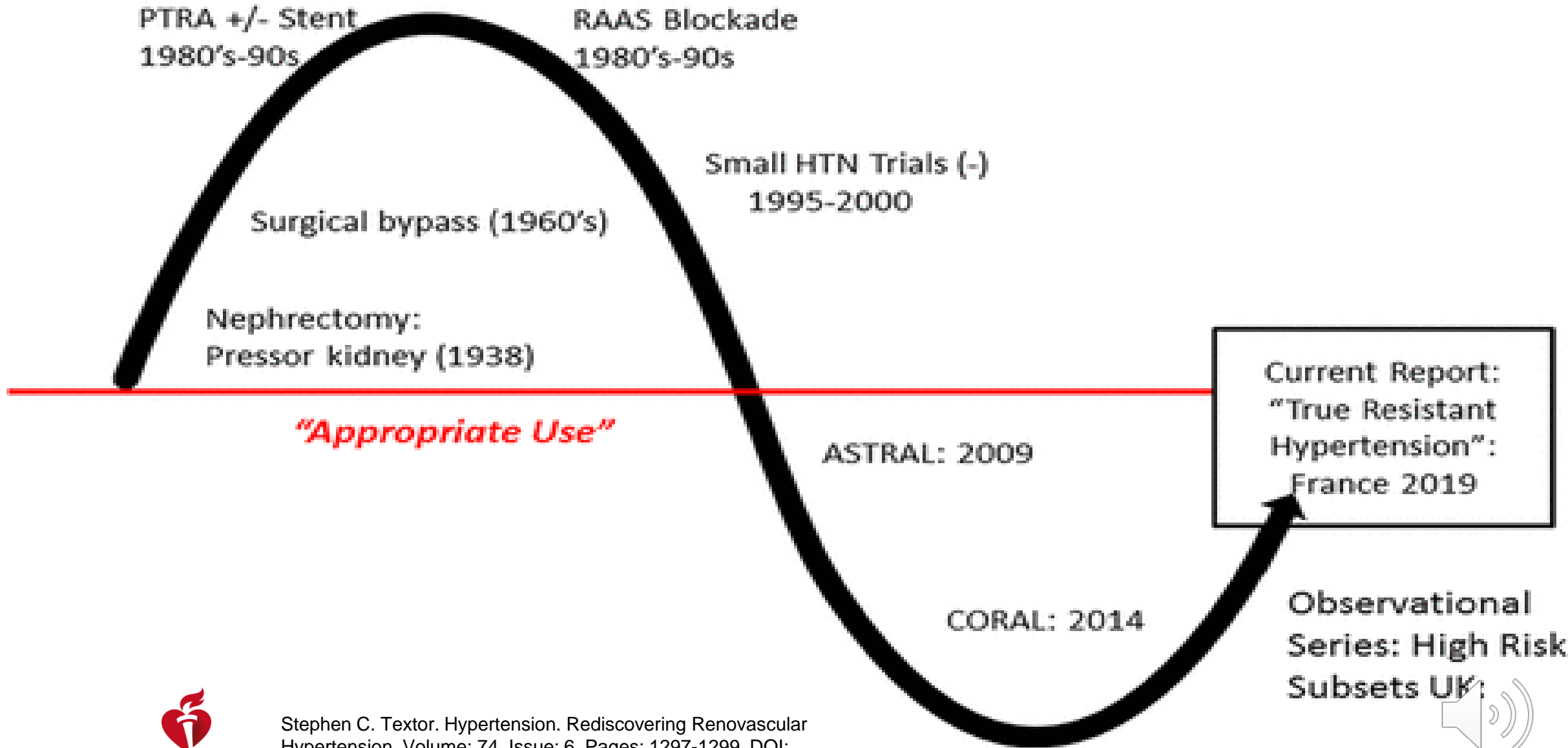


# Prospective RCTs in Renovascular Disease

- **BP Rx**      *Webster, et.al: 1998*  
                    *Plouin, et.al. 1998*  
                    *Van Jaarsveld, et.al: 2000*
- **Renal Function:** *ASTRAL: 2009*  
                              *STAR: 2009*
- **Cardiovascular Outcomes:**  
                              *Cooper, et. al. CORAL 2014*



# Management of Renovascular Hypertension: Enthusiasm for renal revascularization



ORIGINAL ARTICLE

# Revascularization versus Medical Therapy for Renal-Artery Stenosis

The ASTRAL Investigators\*

## ASTRAL: Eligibility

### CONCLUSIONS

We found substantial risks but no evidence of a worthwhile clinical benefit from revascularization in patients with atherosclerotic renovascular disease. (Current Controlled Trials number, ISRCTN59586944.)

Patients were eligible to participate if they had substantial anatomical atherosclerotic stenosis in at least one renal artery that was considered potentially suitable for endovascular revascularization and if the patient's doctor was uncertain that the patient would definitely have a worthwhile clinical benefit from revascularization, taking into account the available evidence. Patients were not eligible if they required surgical revascularization or were considered to have a high likelihood of requiring revascularization within 6 months, if they had nonatheromatous cardiovascular disease, or if they had undergone previ-







*The* NEW ENGLAND JOURNAL *of* MEDICINE

ORIGINAL ARTICLE

# Stenting and Medical Therapy for Atherosclerotic Renal-Artery Stenosis

Christopher J. Cooper, M.D., Timothy P. Murphy, M.D., Donald E. Cutlip, M.D.,  
Kenneth Jamerson, M.D., William Henrich, M.D., Diane M. Reid, M.D.,  
David J. Cohen, M.D., Alan H. Matsumoto, M.D., Michael Steffes, M.D.,  
Michael R. Jaff, D.O., Martin R. Prince, M.D., Ph.D., Eldrin F. Lewis, M.D.,  
Katherine R. Tuttle, M.D., Joseph I. Shapiro, M.D., M.P.H., John H. Rundback, M.D.,  
Joseph M. Massaro, Ph.D., Ralph B. D'Agostino, Sr., Ph.D.,  
and Lance D. Dworkin, M.D., for the CORAL Investigators\*



**three randomized trials of STAR, ASTRAL and CORAL, there was no evidence of clinical benefit by revascularization with stenting/angioplasty above medical therapy in those with ARAS. All three trials have been criticized for not including enough high-risk patients**

A [meta-analysis on the](#) these 3 major articles in addition to smaller trials. In total, it combined data from 2222 patients.

In the analysis of positive trials for changes in diastolic BP it demonstrated that this benefit is quite small (2.0 mmHg -2.00 mmHg; 95% CI -3.72 to -0.27) and there was no benefit on decreasing systolic BP.

There was also no difference in kidney function measure by Cr  
The decrease in antihypertensive medications in the intervention groups was overall also quite small (MD -0.18; 95% CI -0.34 to -0.03)

There were no increase in adverse events in the intervention groups when compared to the medical management group.

Author: [Gates Colbert](#), MD, FASN

Edited by: Bradley Denker, MD Reviewed: November 2020



# LANDMARK TRIALS IN Renal Artery Stenosis



The [2017 ACC/AHA Hypertension Guidelines](#) have addressed ARAS and treatment guidance.

All patients with ARAS should have medical therapy citing Level 1A

If a patient has failed medical management and continues to have clinical evidence of refractory hypertension, worsening renal function or intractable heart failure, revascularization should be considered.

ACC/AHA do not fully endorse any specific procedure or evidence of outcome benefit.

There are currently several [clinical trials](#) looking at devices and other medical treatments to help determine who should benefit from intervention.

Author: [Gates Colbert](#), MD, FASN

Edited by: Bradley Denker, MD



**Observational studies** have shown that after renal revascularization, ARAS individuals have improvement in their New York Heart Association(NYHA) functional class and fewer hospitalizations for ADHF.

Better controlled blood pressure.

Renal revascularization in addition to coronary intervention for individuals with cardiac destabilization syndromes results in significant improvement in their left ventricular filling pressure



# Limitations of Clinical Trials: Atherosclerotic Renal Artery Stenosis



## **-excluded**

**most severe cases: CHF**

**-progressive renal dysfunction**



## **-included**

**minor lesions**

**-wide variation in definition of BP goals /  
achieved levels / renal function**

**-circulatory congestion / volume control / drugs**

**-crossovers from medical to interventional arms**

**-short duration of follow-up**





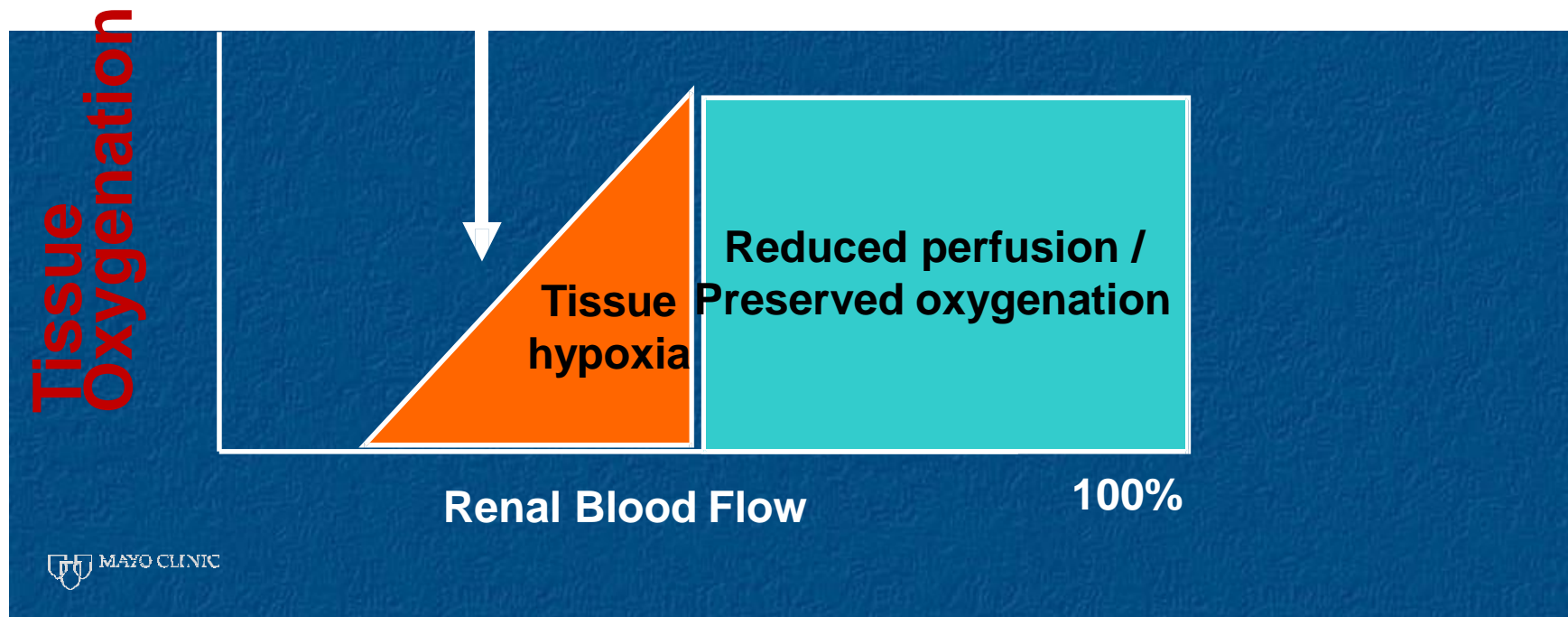
# Human Renovascular Disease

- **Renovascular Hypertension:**
  - Renin release
  - can be managed medically
- **“Adaptation” to reduced blood flow**
  - without tissue hypoxia
  - minimal structural damage
- **Advancing disease: progressive injury**
  - ?recoverable?



# Adaptation of kidney oxygenation to reduced blood flow

**Induction of inflammatory and Fibrogenic pathways**



# BOLD MR Imaging in Atherosclerotic RAS

## Preserved Oxygenation Despite Reduced Blood Flow in Poststenotic Kidneys in Human Atherosclerotic Renal Artery Stenosis

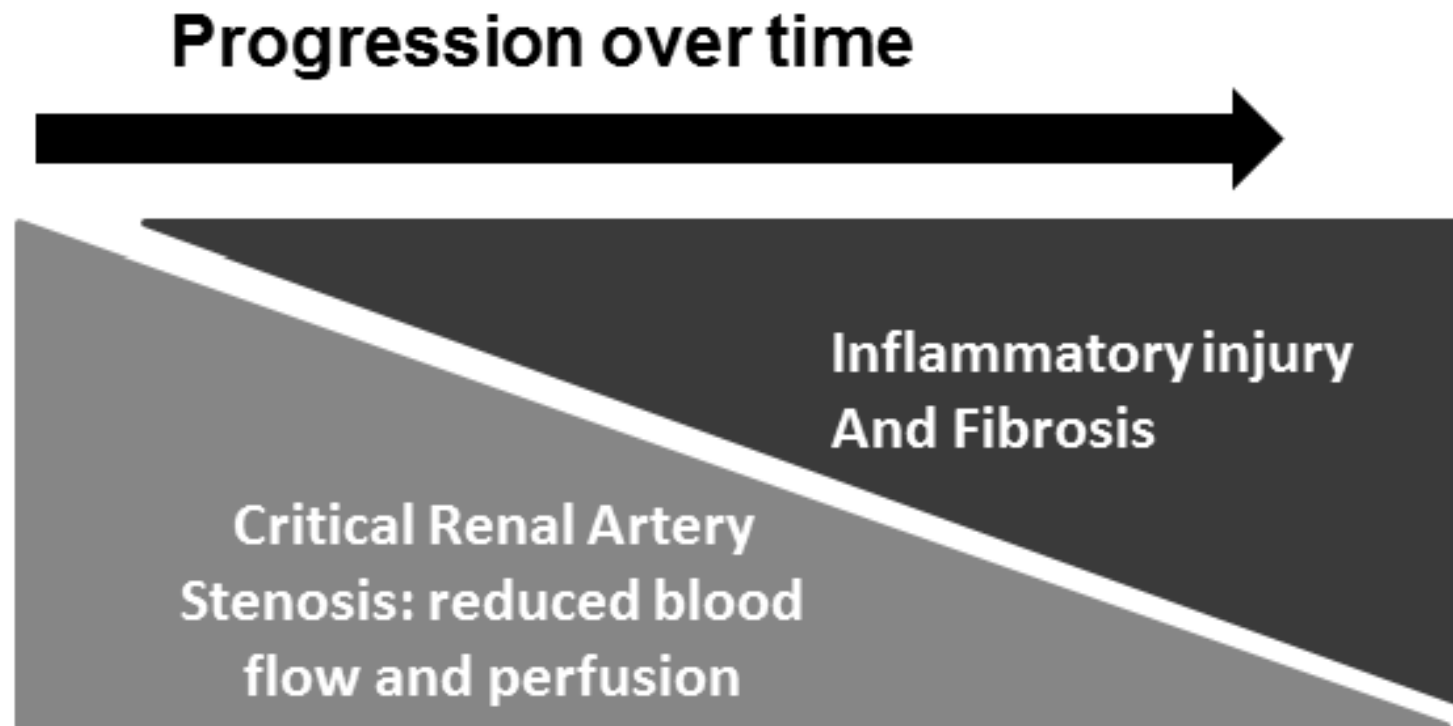
Monika L. Gloviczki, James F. Glockner, Lilach O. Lerman, Michael A. McKusick, Sanjay Misra, Joseph P. Grande, Stephen C. Textor

*Normal Kidney*

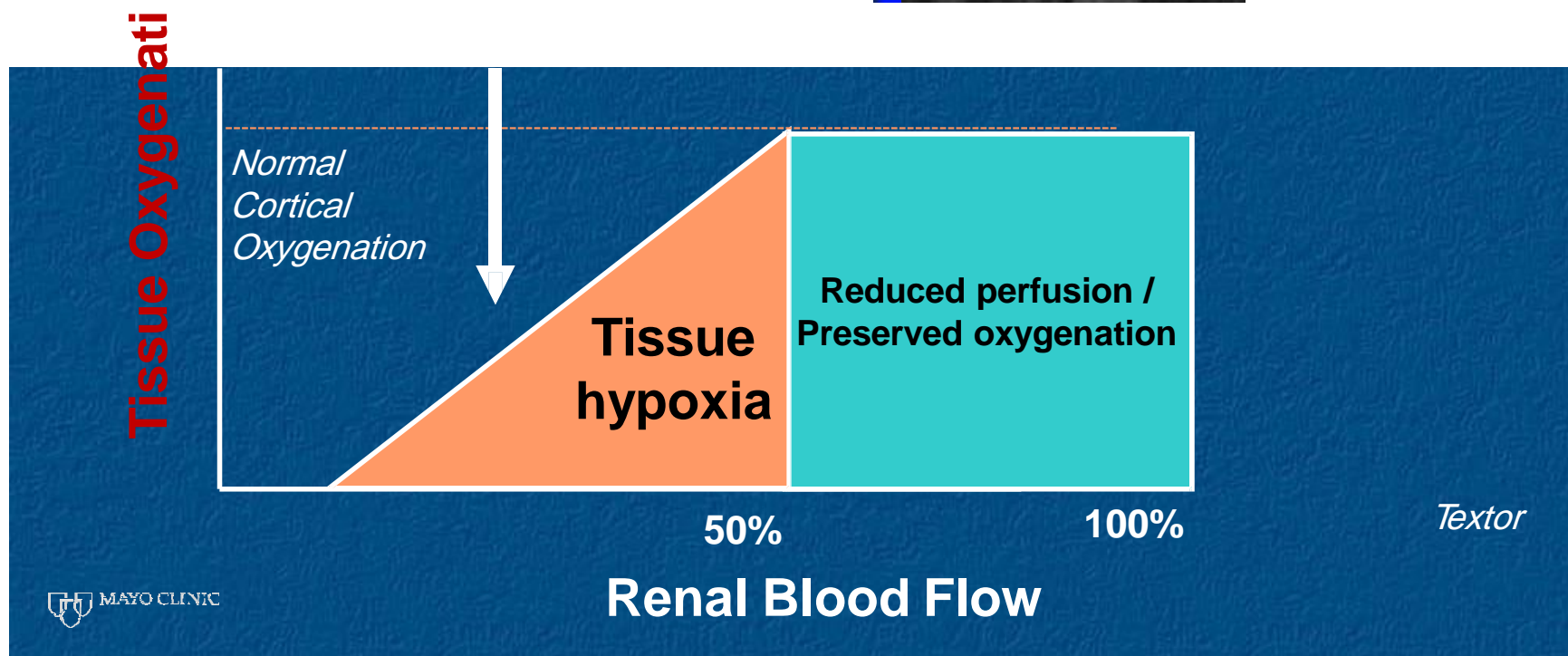
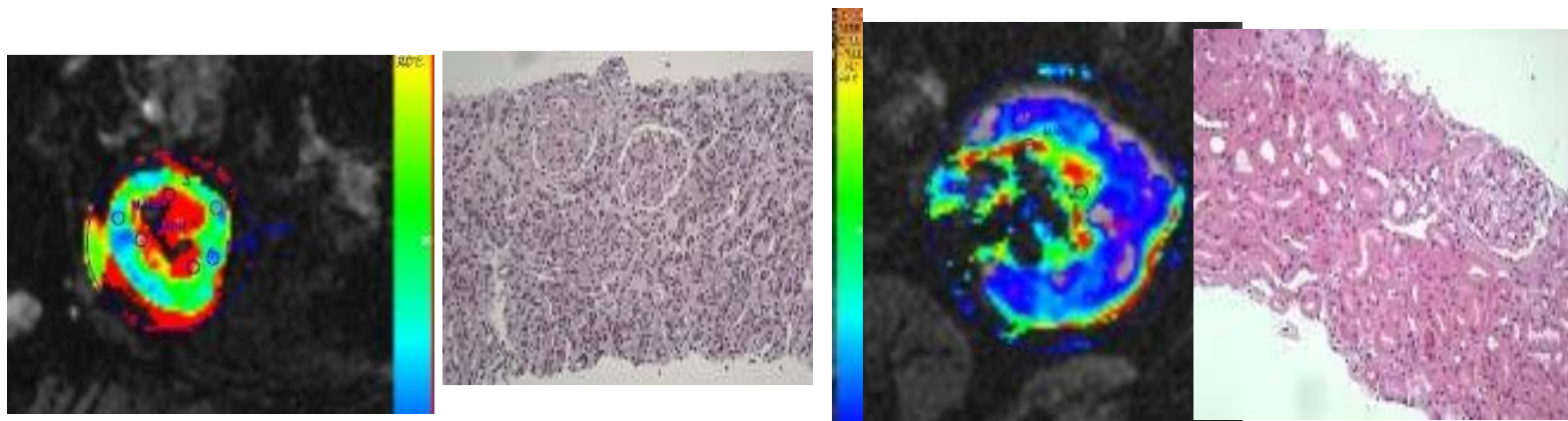
*High-Grade RAS  
Solitary Kidney*



# Transition from hemodynamic to inflammatory injury



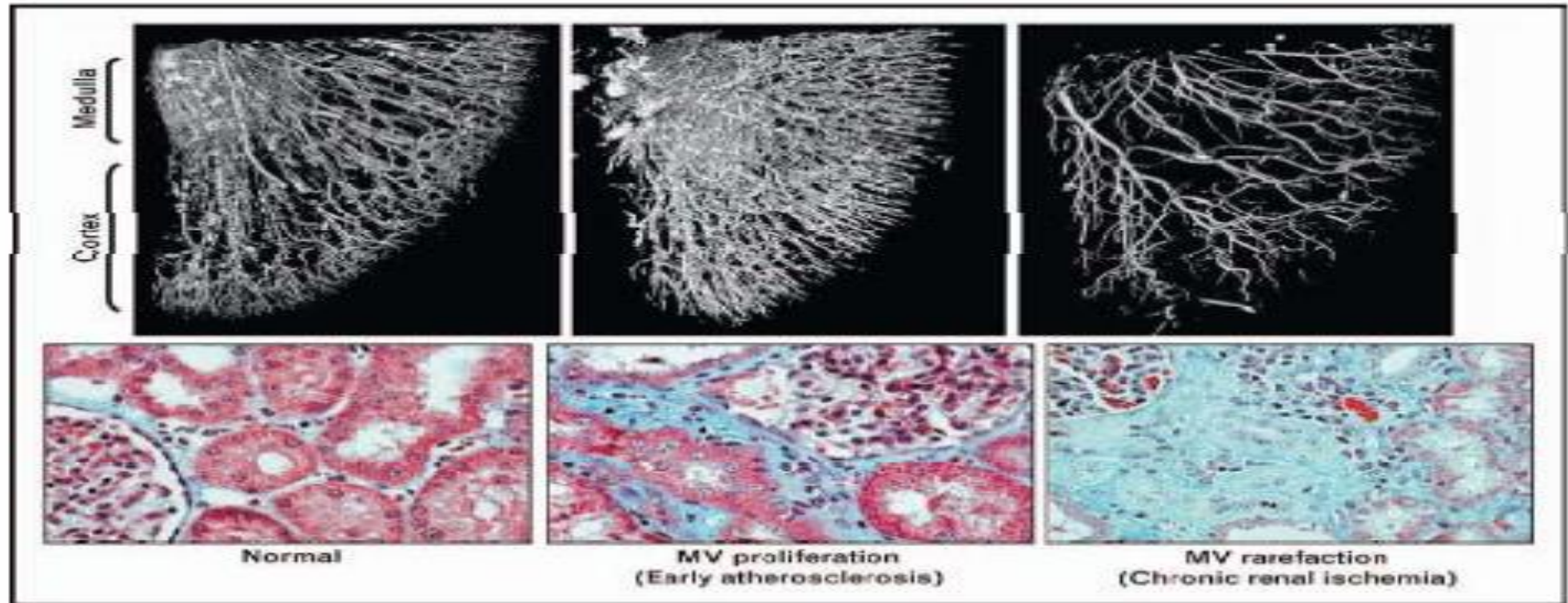
# Renovascular Disease and Tissue Oxygenation





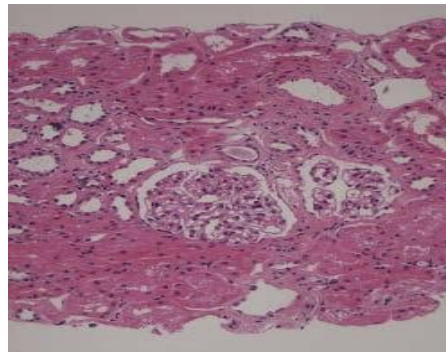
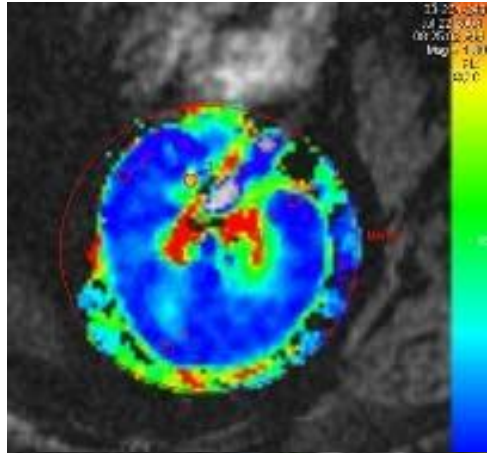
# Microvascular rarefaction in Experimental Renal Artery Stenosis

Figure 1 Representative three-dimensional reconstruction of the renal microvascular architecture (using microcomputed tomography) and renal morphology (trichrome staining) showing opposing changes in microvascular architecture in early atherosclerosis compared with chronic ischemia (top) Scale bar (trichrome): 25  $\mu$ m

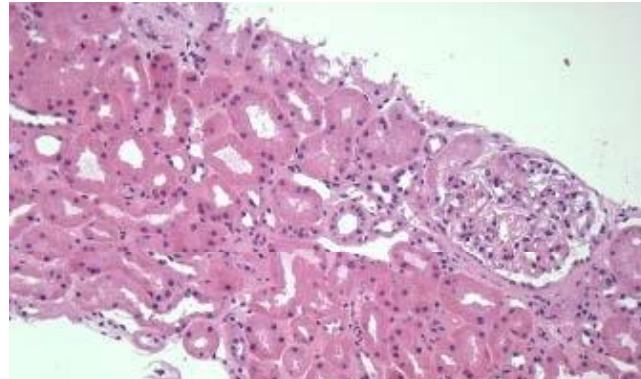
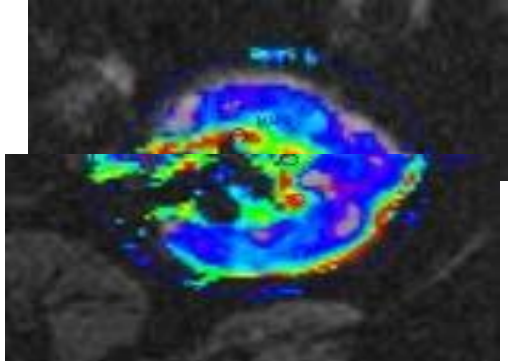


Microvascular rarefaction in particular is accompanied by severe renal fibrosis (bottom). MV, microvascular.

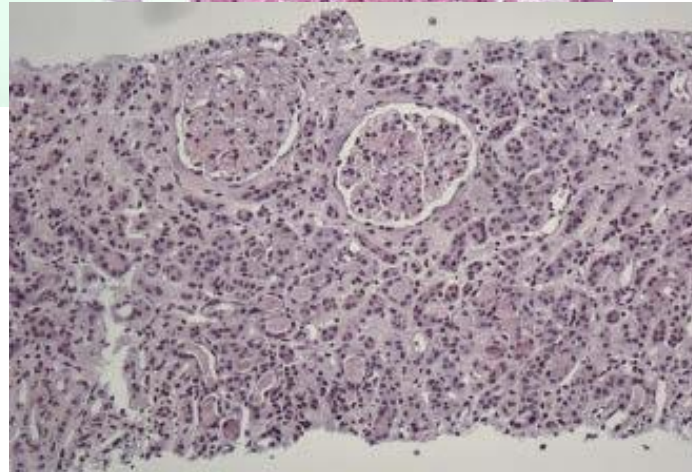
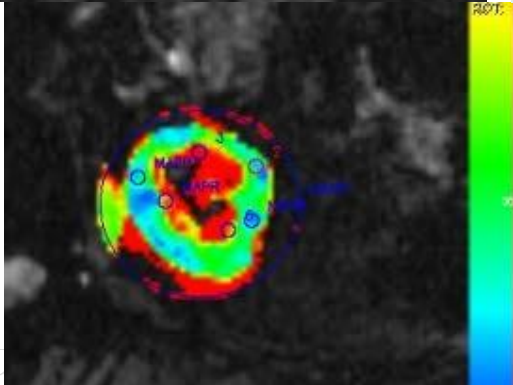




Normal



**Moderate  
RAS**

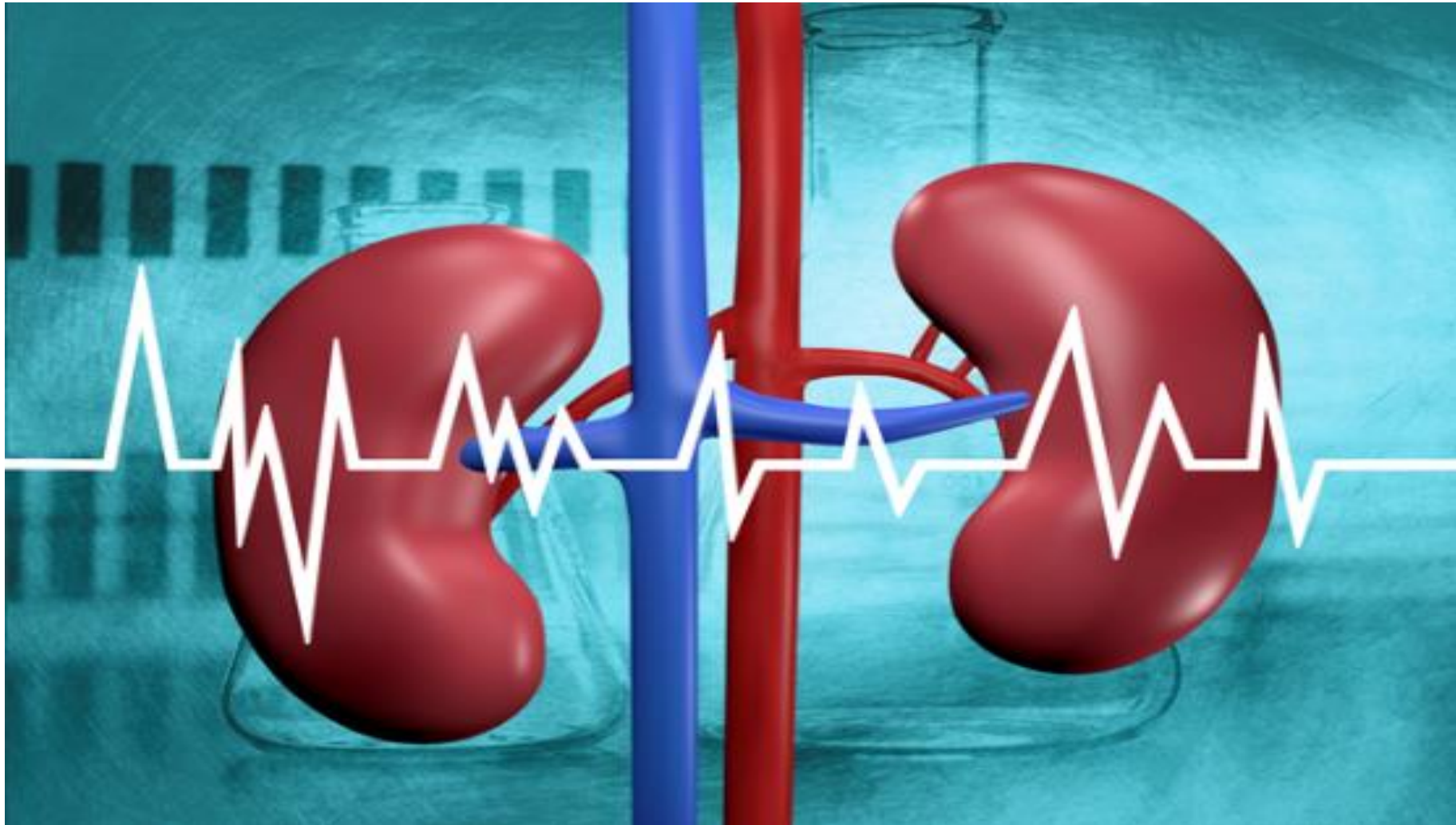


**Severe  
RAS**





# Renal Artery Stenosis Treatment



# **Dispelling the myth: the use of renin–angiotensin blockade in atheromatous renovascular disease**

Constantina Chrysochou<sup>1</sup>, Robert N. Foley<sup>2</sup>, James F. Young<sup>1</sup>, Kaivan Khavandi<sup>1</sup>, Ching M. Cheung<sup>1</sup> and Philip A. Kalra<sup>1</sup>

<sup>1</sup>Renal department, Salford Royal Hospital, Manchester Academic Health Science Centre, The University of Manchester, Salford, UK and <sup>2</sup>Chronic Disease Research Group, School of Medicine, University of Minnesota—Twin Cities, Minneapolis, MN, USA

**N=621 ARVD registry patients**

**-Prospective: 357/378 tolerated RAB (92%)**

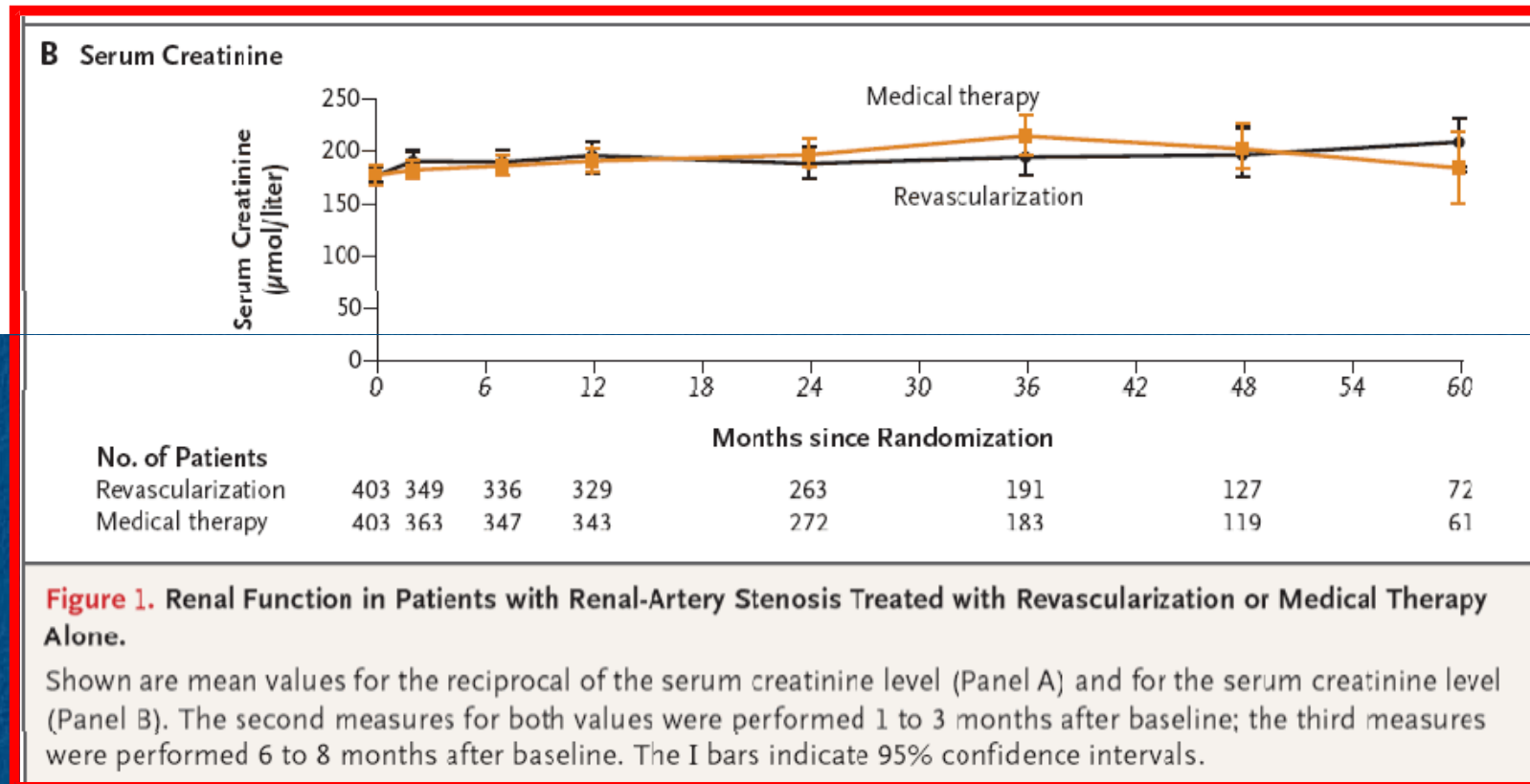
**-54/78 (78%) of Bilateral ARVD**

**Multivariate time-adjusted analysis:**

**HR for Death 0.61 (0.40-0.91) p=.02**



# Many patients can be treated with medical Therapy with no loss of renal function



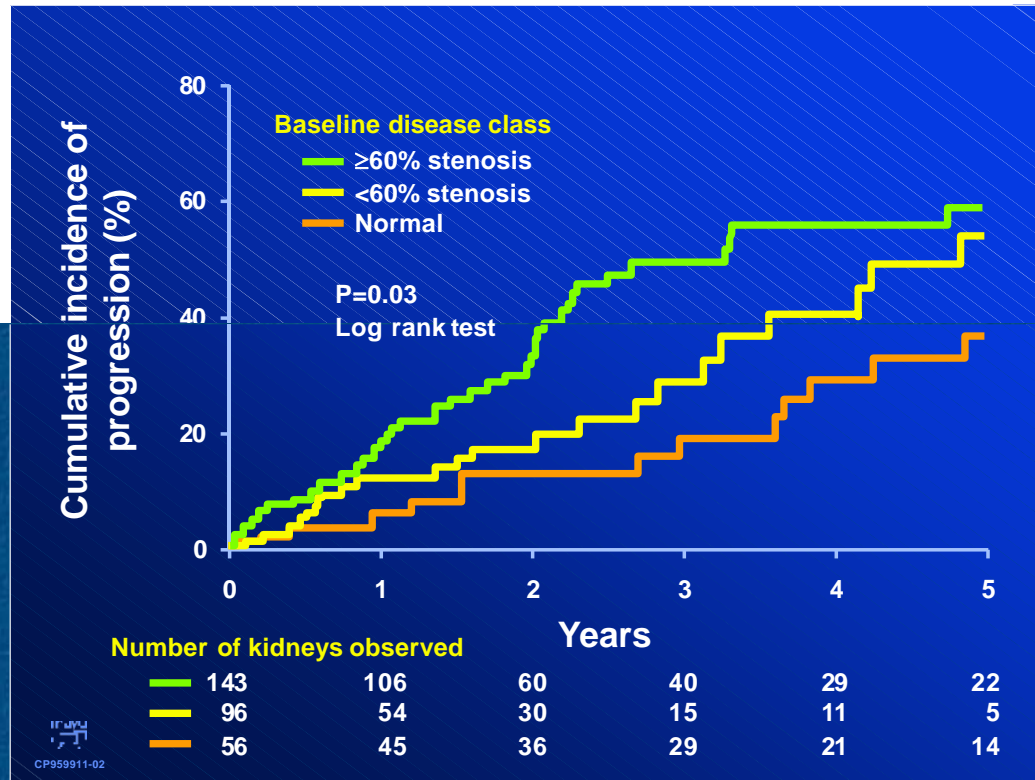
*The ASTRAL Investigators: N.Engl.J.Med. 361, 2009*





# “Prospective Study of Atherosclerotic Disease Progression in the Renal Artery”

N=170 patients with study of 295 renal arteries by serial duplex scans between 1990 and 1997



Total Occlusion:  
9/295 arteries (3%)

*Caps, et. al. : Circulation 98: 2866-2872, 1998*



# Medical Therapy

ACC/AHA, ESC and SCAI all prefer medical therapy as the first-line treatment for RAS

ACC/AHA and ESC recommend ACE inhibitors, ARBs, and calcium channel blockers for unilateral RAS

but ESC advises that patients with bilateral severe RAS or RAS in a single functional kidney require very careful monitoring

The ACC/AHA also recommends beta-blockers for treatment of hypertension associated with RAS.

## The invasive and surgical options for treatment

Percutaneous transluminal angioplasty (PTA)

Surgical revascularization

Nephrectomy



Clinical features of Renovascular hypertension, +/- reduced eGFR



Initiate Therapy:  
Antihypertensive Medications, Lifestyle, Risk Factors and  
Dyslipidemia Management



Duplex Ultrasonography



Stable Blood Pressure and Renal Function?



Yes



- Repeat Assessment: 3-6 months
- ?Significant Disease Progression?



No



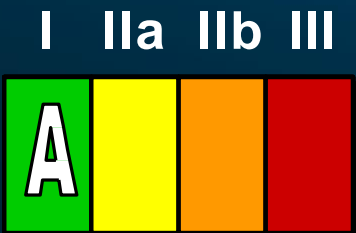
High risk clinical features: ? Circulatory Congestion, Deteriorating Kidney Function by  
ACE Inhibitor, Bilateral High-grade RAS, Solitary Functioning Kidney  
Uncontrolled Hypertension



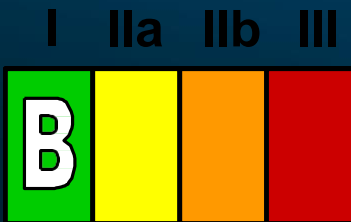
Consider Renal Revascularization



# Pharmacological Treatment of Renal Artery Stenosis



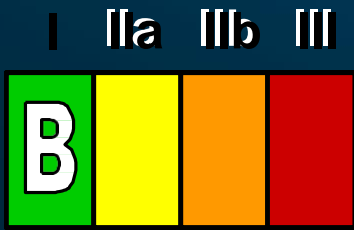
- ACE inhibitors are effective medications for treatment of hypertension associated with RAS.
- Calcium-channel blockers are effective medications for treatment of hypertension associated with unilateral RAS.
- Beta-blockers are effective medications for treatment of hypertension associated with RAS.



- Angiotensin receptor blockers are effective medications for treatment of hypertension associated with unilateral RAS.



# CATHETER- BASED INTERVENTIONS FOR RAS

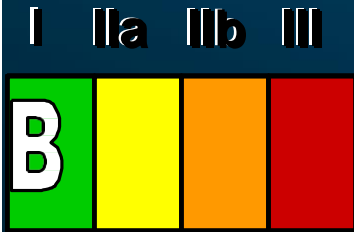


- Renal stent placement is indicated for ostial atherosclerotic RAS lesions that meet the clinical criteria for intervention.
- Balloon angioplasty with “bail-out” stent placement if necessary is recommended for fibromuscular dysplasia lesions.

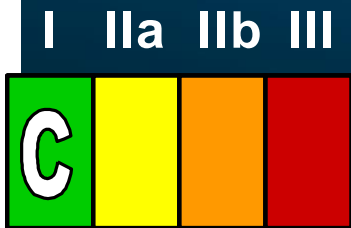




# SURGERY FOR RENAL ARTERY STENOSIS



- Fibromuscular dysplastic RAS with clinical indications, or extending
  - into the segmental arteries and those having ,macroaneurysms.
- Atheroeclerotic RAS and clinical indications for intervention, Or multiple small renal arteries or early primary branching of the main renal artery.



- Atherosclerotic RAS in combination with pararenal aortic reconstructions (in treatment of aortic aneurysms or severe aortoiliac occlusive disease).



# Series of PTRA in FMD:

*Slovut and Olin, NEJM, 2004*

**Table 2.** Results of Percutaneous Transluminal Angioplasty of the Renal Arteries in Patients with Fibromuscular Renovascular Disease and Hypertension.\*

Study	Year	No. of Patients	Technical Success Rate	Effect on Blood Pressure			Months of Follow-up	Complication Rate
				Cured	Improved	Unimproved		
			%		%		mean (range)	%
Sos et al. <sup>57</sup>	1983	31	87	59	34	7	16 (4–40)	6
Baert et al. <sup>58</sup>	1990	22	83	58	21	21	26 (6–72)	NR
Tegtmeyer et al. <sup>59</sup>	1991	66	100	39	59	2	39 (1–121)	13
Bonelli et al. <sup>60</sup>	1995	105	89	22	63	15	43 (0–168)	11 (major)
Jensen et al. <sup>61</sup>	1995	30	97	39	47	14	12 (NR)	3 (major) 12 (minor)
Davidson et al. <sup>62</sup>	1996	23	100	52	22	26	NR	13
Klow et al. <sup>63</sup>	1998	49	98	26	44	30	9 (1–96)	0
Birrer et al. <sup>64</sup>	2002	27	100	74†		26	10 (NR)	7.4
Surowiec et al. <sup>65</sup>	2003	14	95	79†		21	NR	28.5
de Fraissinette et al. <sup>66</sup>	2003	70	94	14	74	12	39 (1–204)	11

\* NR denotes not reported.

† The percentage shown is the total for cured and improved.



**TABLE 1** Current Society for Cardiovascular Angiography and Interventions Appropriate Use Criteria and American Heart Association/American College of Cardiology Recommendations (11,35,39)

Scenario	SCAI Appropriate Use Criteria	AHA/ACC Recommendations
Cardiac disturbance syndromes (flash pulmonary edema, unstable angina, or ACS) with hypertension with moderate RAS with a resting translesional mean gradient of $\geq 10$ mm Hg and/or severe RAS	Appropriate	Class I, Level of Evidence: B; Class IIa, Level of Evidence: B (unstable angina)
CKD stage IV with bilateral moderate RAS with a resting translesional mean gradient of $\geq 10$ mm Hg with a kidney size $> 7$ cm in pole-to-pole length	Appropriate	Class IIa, Level of Evidence: B
CKD stage IV and global renal ischemia (unilateral severe RAS with a solitary kidney or bilateral severe RAS) without another explanation	Appropriate	Class IIb, Level of Evidence: B
Resistant hypertension (uncontrolled hypertension having failed maximally tolerated doses of at least three antihypertensive agents, one of which is a diuretic agent) and bilateral or solitary severe RAS	Appropriate	Class IIa, Level of Evidence: B
Recurrent CHF with unilateral moderate RAS with a resting translesional mean gradient of $\geq 10$ mm Hg	May be appropriate	Class I, Level of Evidence: B
Resistant hypertension (uncontrolled hypertension having failed maximally tolerated doses of at least three antihypertensive agents, one of which is a diuretic agent) and unilateral severe RAS	May be appropriate	Class IIa, Level of Evidence: B
Asymptomatic, unilateral, bilateral, or solitary kidney with hemodynamically significant RAS	Rarely appropriate	Class IIb, Level of Evidence: C

ACC = American College of Cardiology; ACS = acute coronary syndrome; AHA = American Heart Association; CHF = congestive heart failure; RAS = renal artery stenosis; SCAI = Society for Cardiovascular Angiography and Interventions.



# PTRA with stenting and medical therapy

Unilateral renal artery stenosis, bilateral renal artery stenosis, or stenosis of a solitary kidney and meet one or more of the following criteria

- 1.Recurrent congestive heart failure or sudden unexplained pulmonary edema
- 2.Unstable angina
- 3.Accelerated, resistant, or malignant hypertension
- 4.Hypertension with unexplained unilateral small kidney and intolerance to medication



# Renal Revascularization

## Severe ARAS

- luminal stenosis of  $>70\%$ ,
- stenosis is between  $50\%$  and  $70\%$  a trans-stenotic peak pressure gradient greater than  $20\text{ mmHg}$
- Mean pressure gradient greater than  $10\text{ mmHg}$  is required.

## Revascularization in patients with severe ARAS is indicated :

- (i) cardiac destabilization syndromes : flash pulmonary edema with severe hypertension,
- (ii) resistant (refractory) hypertension
- (iii) rapidly progressive ischemic nephropathy,
- chronic kidney disease with GFR less than  $45\text{ cc/min/m}^2$
- global renal ischemia

PTRA is most effective ;

- Mid vessel stenosis.
- The ostia of renal arteries





**Patients with nearly or completely occluded vessels, are believed to have worse outcomes after revascularization.**

Ultrasound evidence of high resistance indices  $\geq 0.8$ ,  
Marked renal atrophy (size  $< 7$  cm),  
Absent function measured by split nuclear scan,  
Significant albuminuria ( Proteinuria  $> 1$  g/day  
Hemodialysis for  $> 3$  months

Predictors of benefit regarding both improvement in BP and recovery of kidney function depend strongly on the duration of the abnormality.



## Follow-Up

DUS is the recommended imaging technique to screen for in stent restenosis (ISR).

DUS is defined restenosis by greater than 70% stenosis and peak systolic velocity (PSV) greater than 395 cm/s

Patients should have routine 30-day, 3-month, 6-month, 12-month and annual clinical, laboratory, and DUS follow-up for surveillance of ISR



# Complications of Renal Artery Stenting

## Minor:

Groin Hematoma N=40

## Major:

Renal Failure N=34 (3 “fatal”)

Segmental Infarction N=9

Perinephric Hematoma N=9

Renal artery thrombosis/occlusion N=6

Stent misplacement N=5

Other: proteinuria/ sepsis  
cholesterol embolism,  
iliac artery dissection

**Overall:  
9% Major Events**

*Meta-analysis: n=14 reports, n=678 patients*



## Outcome after PTA

Outcome better in patients FMD, than in those with atherosclerotic stenosis:

Restenosis necessitating repeat angioplasty was reported in fewer than 10% of patients with FMD and in 8-30% of those with atherosclerotic stenosis

• Improvement in blood pressure control with fewer antihypertensive medications was achieved in 30-35% of patients with FMD and 50-60% of those with atherosclerotic lesions.



# Human Renovascular Disease

- **Renovascular Hypertension:**
  - Renin release
  - can be managed medically
- **“Adaptation” to reduced blood flow**
  - without tissue hypoxia
  - minimal structural damage
- **Advancing disease: adequate blood flow for tissue oxygenation?**
- **progressive injury -?recoverable?**







## “Ischemic nephropathy”? : Definition

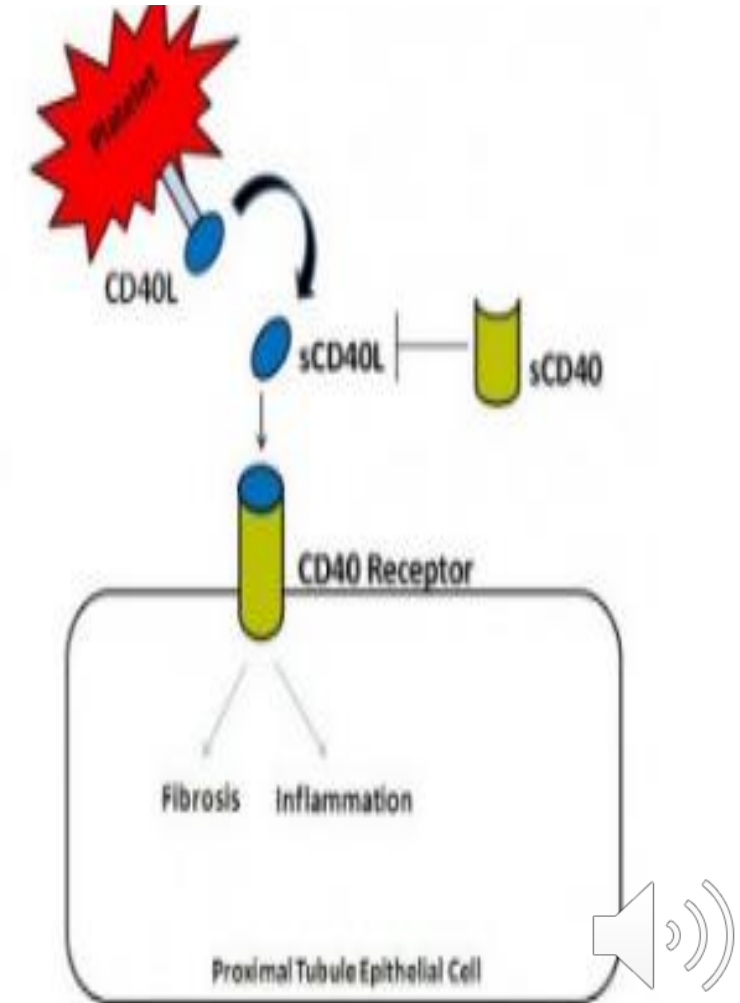
1. “Hemodynamically significant” main renal artery disease
2. Loss of function (GFR) due to vascular insufficiency
3. ?”ischemia”



# Mechanisms and Treatments for Renal Artery Stenosis

Published on December 4, 2013

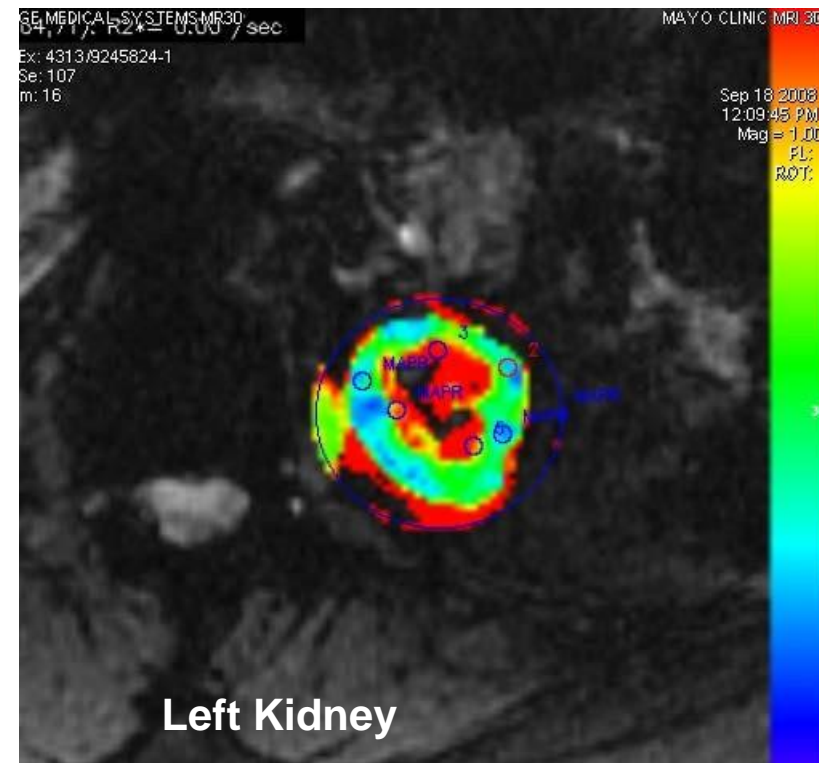
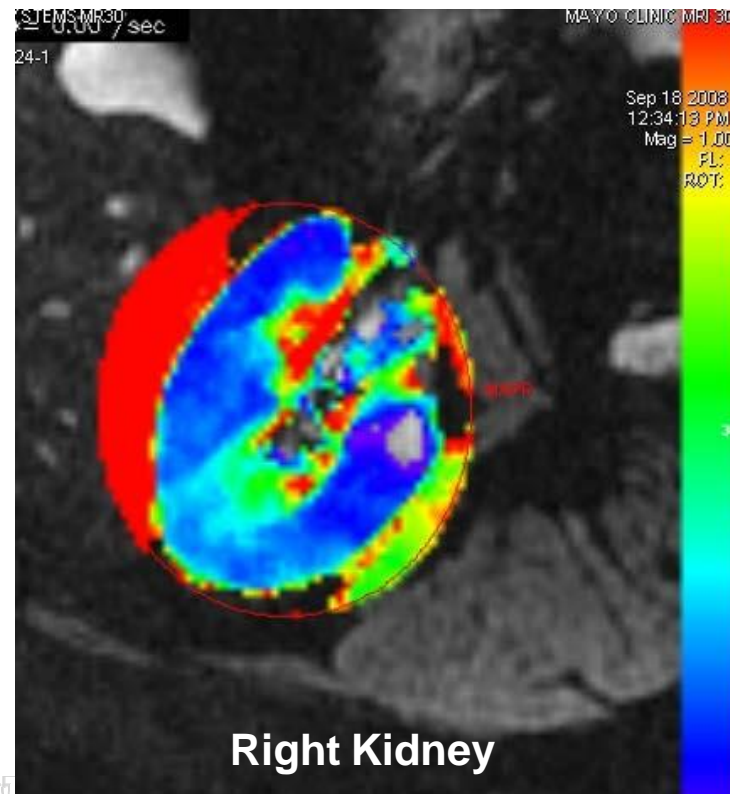
- CD40, a type-I transmembrane receptor and a member of the [tumor necrosis factor \(TNF\)](#) receptor superfamily, is expressed on the cells and critically links [thrombosis](#), inflammation, immunity, and fibrosis (Antoniades *et al.*, 2009)
- Angiotensin II, released during renal ischemia, increases TGF- $\beta$ , which in turn increases expression of CD40 (Starke *et al.*, 2007).
- CD40 activation increases antigen-specific recognition and killing of tubular epithelial cells by cytotoxic [CD8](#)<sup>+</sup> T cells (Starke *et al.*, 2007).
- In ARAS, platelet-derived sCD40L travels from the atherosclerotic lesion to the kidney and activates CD40 on the proximal tubules resulting in inflammation, injury, and renal fibrosis



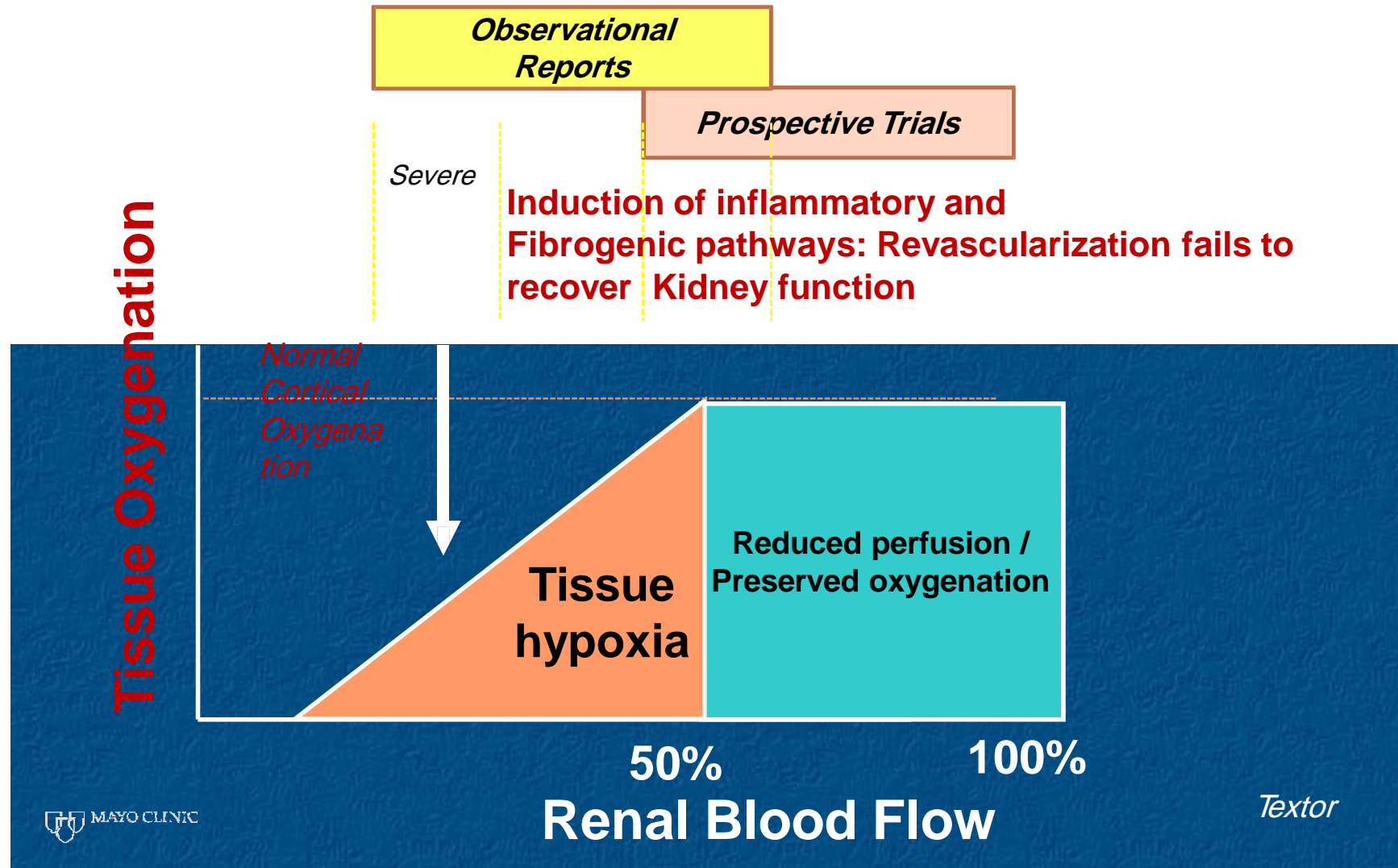
# Kidney

## Blood Oxygen Level–Dependent Magnetic Resonance Imaging Identifies Cortical Hypoxia in Severe Renovascular Disease

Monika L. Gloviczki, James F. Glockner, John A. Crane, Michael A. McKusick, Sanjay Misra, Joseph P. Grande, Lilach O. Lerman, Stephen C. Textor



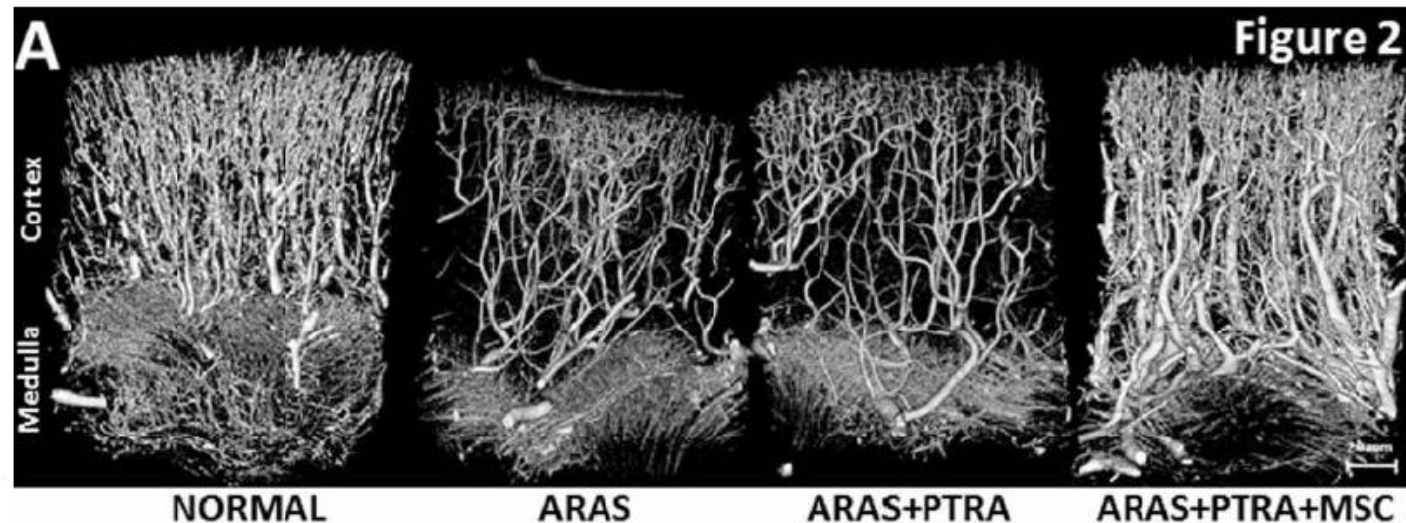
# Renovascular Disease : Beyond CORAL





## Adipose Tissue-Derived Mesenchymal Stem Cells Improve Revascularization Outcomes to Restore Renal Function in Swine Atherosclerotic Renal Artery Stenosis

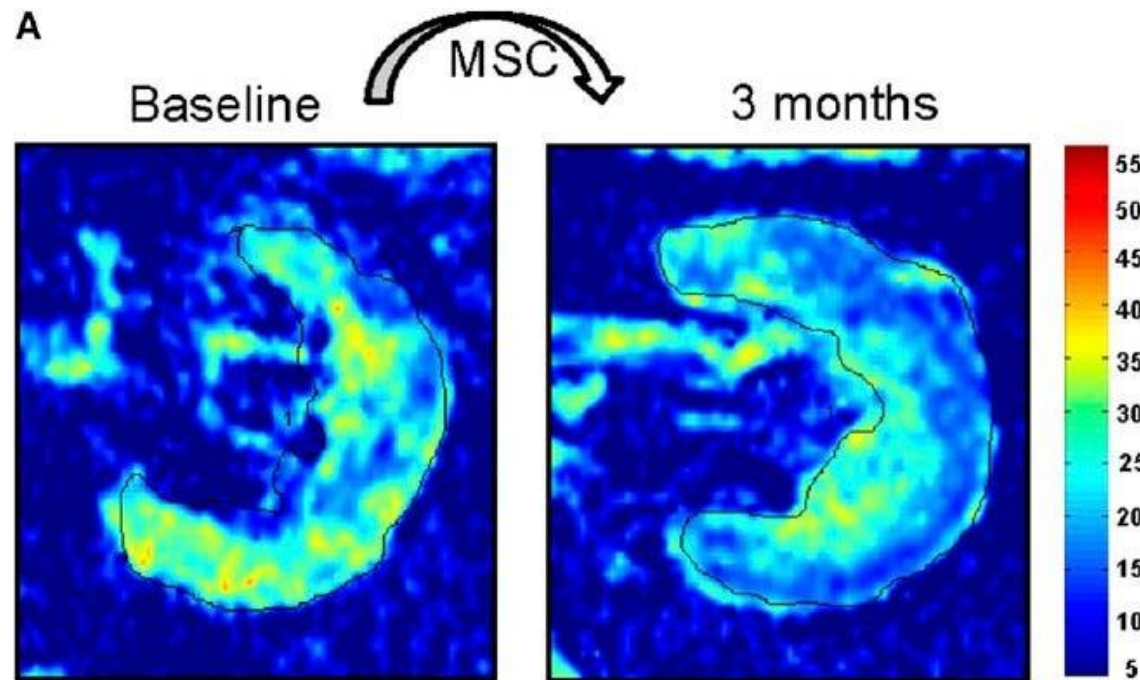
Alfonso Eirin, MD<sup>1</sup>, Xiang-Yang Zhu, MD, PhD<sup>1</sup>, James D. Krier<sup>1</sup>, Hui Tang, MD, PhD<sup>1</sup>, Kyra L. Jordan<sup>1</sup>, Joseph P. Grande, MD, PhD<sup>1,2</sup>, Amir Lerman, MD<sup>3</sup>; Stephen C. Textor, MD<sup>1</sup>, Lilach O. Lerman, MD, PhD<sup>1,3</sup>





# Autologous Mesenchymal Stem Cells Increase Cortical Perfusion in Renovascular Disease

Ahmed Saad,\* Allan B. Dietz,<sup>†</sup> Sandra M.S. Herrmann,\* LaTonya J. Hickson,\*  
James F. Glockner,<sup>‡</sup> Michael A. McKusick,<sup>§</sup> Sanjay Misra,<sup>§</sup> Haraldur Bjarnason,<sup>§</sup>  
Adam S. Armstrong,<sup>†</sup> Dennis A. Gastineau,<sup>†</sup> Lilach O. Lerman,\* and Stephen C. Textor\*



*Fractional  
Hypoxia (>30%)  
fell from  
12.1% to 6.8%  
After 3 months  
( $p=.03$ )*

**2. Repair / Regeneration after  
kidney injury: macrophages  
and mesenchymal  
stromal/stem cells**

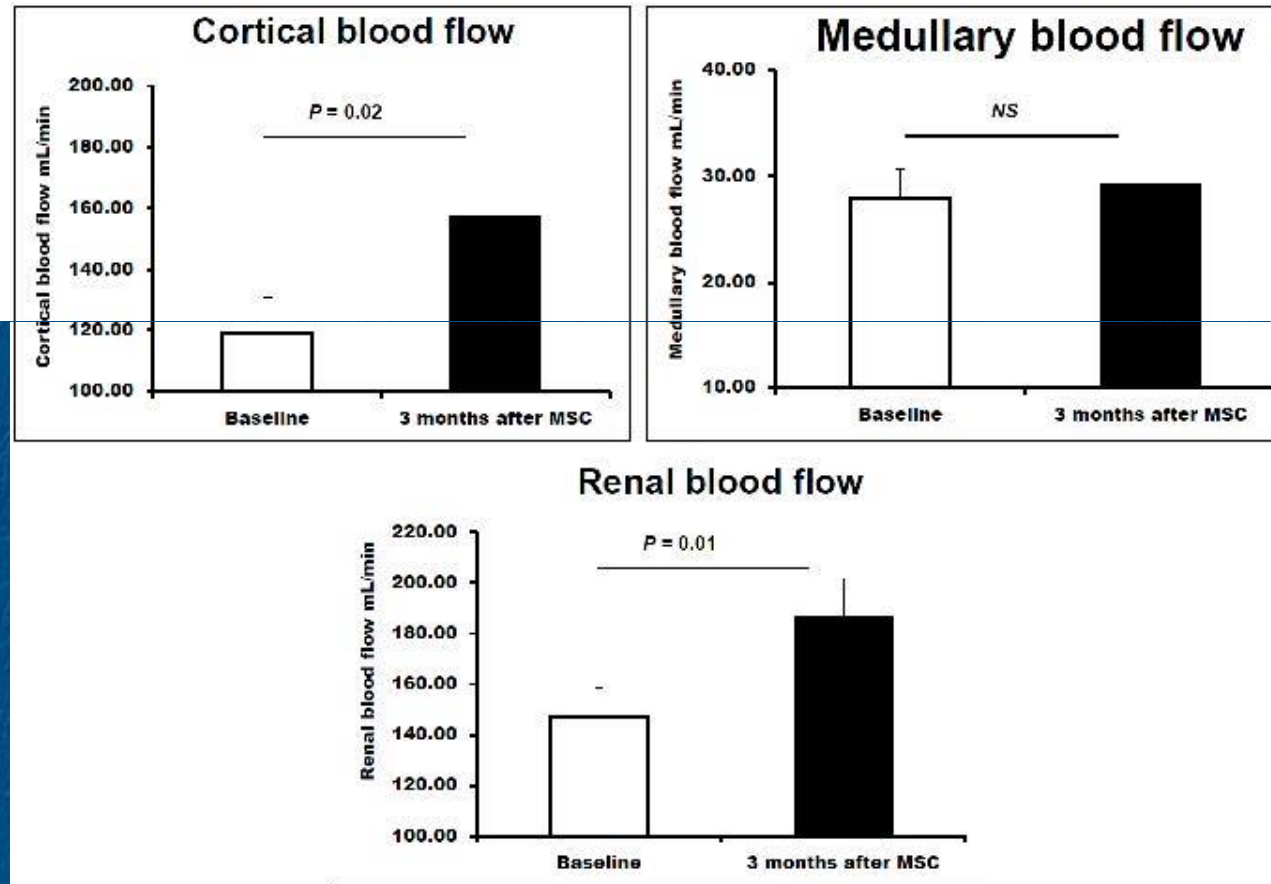
*Am Soc Nephrol. 2017; 28(9):2777-  
2785.*

**-angiogenesis**

**-immunomodulation**



# Intra-arterial MSC increase cortical perfusion in human ARVD



# An integrated approach and future directions in the management of RVH.

Sampling of the renal vein effluents indicate cytokine profiles that are proinflammatory and may be partially protective against repetitive episodes of hypoperfusion, suggestive of “ischemic preconditioning

low baseline levels of the soluble CD40 receptor are associated with a loss of renal function in patients with renal artery stenosis at one-year follow-up (Haller *et al.*, 2013).

Mesenchymal stem cell therapy to stimulate angiogenesis and restore tissue oxygenation in experimental and human ARAS, offering the potential to boost intrinsic repair of kidneys beyond high-grade stenotic lesions..





Thank  
you

